

1 **Spatial and temporal variability of Atlantic Water in**
2 **the Arctic from observations**

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7 **Key Points:**

- 8 • Atlantic Water (AW) evolution differs in the eastern and western Arctic and will
9 likely lead to distinct future regimes in the two basins
10 • Interaction between the AW and cold dense shelf flows may be an important mech-
11 anism through which AW loses heat
12 • AW core temperature is effective in assessing AW heat content but core depth does
13 not always reflect AW layer depth

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Abstract

Atlantic Water (AW) is the largest reservoir of heat in the Arctic Ocean, isolated from the surface and sea-ice by a strong halocline. In recent years AW shoaling and warming are thought to have had an increased influence on sea-ice in the Eurasian Basin. In this study we analyse 59000 profiles from across the Arctic from the 1970s to 2018 to obtain an observationally-based pan-Arctic picture of the AW layer, and to quantify temporal and spatial trends. The potential temperature maximum of the AW (the AW core) is found to be an easily detectable, and generally effective metric for assessments of AW properties, although its depth is not always a good indicator of the depth of the AW layer. In contrast to the Eurasian Basin, where the AW warms in a pulse-like fashion and has an increased influence on upper ocean heat content, AW heat in the Canadian Basin became more isolated from the surface due to the intensification of the Beaufort Gyre and an influx of Pacific Water. The increase in density of the AW core suggests an increasing interaction between cold dense shelf flows and the AW during its advection, consistent with the enhanced brine rejection expected from decreases in summer sea-ice extent. This process could play an important role in AW cooling west of the Lomonosov Ridge. The differences in AW trends in the Eurasian and Canadian Basins of the Arctic over the period studied suggest that these two regions may evolve differently over the coming decades.

Plain Language Summary

A few hundred meters beneath the surface of the Arctic Ocean lies a warm, salty layer of Atlantic origin, referred to as Atlantic Water (AW), which is isolated from the surface by a strong vertical salinity gradient (halocline). In the eastern Arctic in recent years, halocline weakening and warming AW have contributed to unprecedented sea-ice loss. In this study, we analyse 59000 temperature and salinity profiles from the Arctic Ocean from the 1970s to 2018 to obtain a pan-Arctic picture of the AW and its variability. The temperature maximum of the AW is found to be an easily observable, generally effective way to assess AW heat. Over the period studied, the AW in the eastern Arctic warmed in a pulse-like fashion and had an increasing influence on the amount of heat in the surface layer, whereas AW heat became increasingly isolated from the surface in the west due to changes in local winds and water masses. The AW also became cooler and denser in the western Arctic due to enhanced interaction with cold salty flows from the shelves. The emergence of a characteristically different eastern and western Arctic Ocean in the future could have important consequences, both regionally and globally.

1 Introduction

Beneath the cool, fresh surface layer of the Arctic Ocean lies a warm, saline intermediate layer of Atlantic origin. This Atlantic Water (AW) flows in through the Fram Strait (as the Fram Strait Branch) and the Barents Sea (as the deeper, cooler Barents Sea Branch) and travels cyclonically around the Arctic as a topographically steered boundary current following the continental slope, with part of the current recirculating along the Lomonosov and Alpha-Mendeleev Ridges into the interior and back towards the Fram Strait (Aksenov et al., 2011; Woodgate et al., 2001). It eventually exits the Arctic into the North Atlantic via the Canadian Arctic Archipelago (CAA) and the Fram Strait, fresher and cooler than it came in, having taken about 20-30 years to complete its journey (Lique et al., 2010; M. J. Karcher & Oberhuber, 2002; Rudels, 2015; Wefing et al., 2020). Heat is transferred from this AW boundary current to the interior via intrusions and eddies (McLaughlin et al., 2009; Kuzmina et al., 2011).

The AW layer is the most significant reservoir of heat in the Arctic Ocean (Carmack et al., 2015), therefore changes in its temperature could have a significant impact on the Arctic region. The AW layer currently contains enough heat to melt all Arctic sea-ice

64 within just a few years if this heat were brought to the surface in that time (Turner, 2010),
65 although across most of the Arctic the AW is isolated from the sea-ice and surface mixed
66 layer by a strong halocline. Observations suggest that AW temperature variations are
67 dominated by low-frequency oscillations with a period of 50-80 years, linked to changes
68 in the Nordic Seas which are advected through the Fram Strait (Polyakov et al., 2004).
69 Superimposed on these low-frequency oscillations are inter-annual pulse-like tempera-
70 ture variations which enter through the Fram Strait or St Anna Trough and are advected
71 with the boundary current (M. J. Karcher et al., 2003; Schauer et al., 2002; Dmitrenko
72 et al., 2008; Polyakov et al., 2004; McLaughlin et al., 2009). There was also a net warm-
73 ing trend in AW temperature over the twentieth century (Polyakov et al., 2004, 2012),
74 and AW in the Fram Strait is now unprecedentedly warm compared to the last two mil-
75 lennia, with a rapid temperature increase in the upper AW layer over the last 120 years
76 (Spielhagen et al., 2011).

77 In the eastern Eurasian Basin, recent increases in AW temperature, along with as-
78 sociated shoaling of the AW and a weakening halocline, have enhanced vertical heat trans-
79 fer from the AW to the surface layer and have resulted in a substantial reduction in win-
80 ter sea-ice formation (Lind et al., 2018; Polyakov et al., 2010, 2017). This “Atlantifica-
81 tion” of this region shows how important a role AW can play in a changing Arctic. Fur-
82 thermore, Atlantification and resultant sea-ice reduction can affect the AW itself in a va-
83 riety of ways. The reduction of sea-ice import to the Barents Sea can cause a local in-
84 crease in AW temperature, salinity, and hence density (Barton et al., 2018) and can also
85 result in local convection which has consequences for the AW layer downstream (Lique
86 & Steele, 2012; Lique et al., 2018). In the Eurasian Basin, reduced ice cover and a re-
87 sultant increase in ventilation is expected to cause local decreases in AW temperature
88 and salinity (Pérez-Hernández et al., 2019). The impact of these local AW changes on
89 the wider Arctic region is not yet fully understood, but is another important part of the
90 changing role AW can play in the future Arctic environment.

91 Downstream in the Canada Basin the impact of AW on sea-ice is currently observ-
92 able at the margins of the Canada Basin, with AW upwelling here (caused by wind) linked
93 to local sea-ice reduction (Ladd et al., 2016). Changes in both sea-ice cover and the in-
94 tensity of the Beaufort Gyre in the interior Canada Basin can affect the AW (Lique &
95 Johnson, 2015; Lique et al., 2015). The recent spin-up of the gyre resulted in a deepen-
96 ing of the underlying AW due to Ekman pumping, and a shoaling of the AW temper-
97 ature maximum at the gyre margins (Zhong & Zhao, 2014). The pathway and intensity
98 of AW in the Canada Basin are affected by the surface circulation here as well (M. Karcher
99 et al., 2012; Lique et al., 2015).

100 Changes to the AW also have consequences outside of the Arctic. It is thought that
101 the low density of the present warm AW anomalies in the Arctic could be maintained
102 throughout their circumnavigation of the Arctic Ocean, and hence reduce the density
103 of outflows into the North Atlantic (M. Karcher et al., 2011). The properties of the bound-
104 ary current and these deep outflows that are advected into the North Atlantic have the
105 potential to significantly influence overturning in this region - an important component
106 of the global climate system.

107 Understanding how AW heat is likely to change in the future is therefore a key part
108 of predicting what will happen to the Arctic in the years to come. There is large discrep-
109 ancy and bias amongst coupled climate model representations of AW in the Arctic, with
110 the AW layer generally being too deep and thick. The AW temperature biases are pri-
111 marily due to inaccurate representation of sea ice coverage and surface cooling in the Bar-
112 ents Sea, formation of cold and dense water in the Barents Sea, and AW inflow temper-
113 atures through the Fram Strait (Shu et al., 2019; Ilıcak et al., 2016). It is therefore par-
114 ticularly important to have an observational description of AW to help evaluate these
115 models, given their use in predicting future Arctic changes.

116 Oceanic observations in the Arctic are sparse and often seasonally biased, and many
117 observational studies of the Arctic focus on specific regions or transects (e.g. Anderson
118 et al. (1994); Beszczynska-Moller et al. (2012); Li et al. (2020); Lind et al. (2018); McLaugh-
119 lin et al. (2009); Polyakov, Rippeth, et al. (2020)). However, the number of Arctic Ocean
120 observations has increased in recent years. This study aims to synthesise data from var-
121 ious sources across the Arctic from the 1970s to 2018 to give a pan-Arctic, up-to-date
122 description of the AW layer and its impact on the water column. Diagnostics derived from
123 these observations, such as the temperature, salinity and depth at the AW temperature
124 maximum (the AW core) and AW heat content are used to characterise the spatial and
125 temporal variability of the AW and are described in section 2. The spatial variability of
126 the AW properties is investigated in section 3, with temporal variability in both the east-
127 ern and western Arctic described in section 4. Observed changes in AW and heat dis-
128 tribution within the water column at moorings and at repeated CTD transects are dis-
129 cussed in section 5. Finally, section 6 explores the relationship between AW core prop-
130 erties and other metrics used to assess the state of the AW layer.

131 2 Data and Methods

132 Conductivity-temperature-depth (CTD) observations from across the Arctic are
133 used in this study, from four different sources: the ice-tethered profiler (ITP) program
134 (Toole et al. (2011); Krishfield et al. (2008), <http://www.who.i.edu/itp>) and the Beau-
135 fort Gyre Exploration Project (BGEP, <https://www.who.i.edu/beaufortgyre>) - both
136 based at the Woods Hole Oceanographic Institution - the Nansen and Amundsen Basins
137 Observational System (NABOS, <https://uaf-iarc.org/nabos>), and data from the NOAA
138 World Ocean Database (WOD, https://www.nodc.noaa.gov/OC5/WOD/pr_wod.html).
139 The WOD collates oceanic observational data from a wide range of sources. The WOD
140 data used here are those from CTD profiles, drifting buoys, and ocean stations. Any ITP,
141 BGEP or NABOS data were removed from the WOD dataset before use to avoid du-
142 plication. The BGEP and NABOS datasets include data from both moorings and ship
143 surveys.

144 Throughout the paper, salinity is given in Practical Salinity Units, and potential
145 temperature (when not available directly from the observational data product), heat con-
146 tent and potential density are computed using the Thermodynamic Equation of Seawa-
147 ter 2010 (TEOS-10) (IOC et al., 2010).

148 All data used in this study are processed versions of the raw data gathered in the
149 field. Details of these procedures can be found in the sources referenced above, but all
150 involved calibration, sensor-correction and the removal or flagging of obviously erroneous
151 data. In addition to this initial processing, further routines were applied to the data and
152 profiles were smoothed for much of our analysis - details of which are given below. Pro-
153 files with more than 10 % of data masked or flagged as suspicious were omitted from the
154 analysis and, unless otherwise stated, monthly mean data from moorings were used so
155 as not to bias any regional analysis to the mooring locations due to the relative high sam-
156 pling frequency here compared to other locations. This resulted in about 59000 profiles
157 for analysis.

158 As density is driven by salinity in the Arctic, the potential temperature of the AW
159 can be seen as a passive tracer. The potential temperature maximum of the AW layer,
160 herein referred to as the AW core, is commonly used to follow the circulation and trans-
161 formations of AW (M. J. Karcher et al., 2003). The AW core in a given profile is defined
162 as the maximum potential temperature in the portion of the profile with salinity greater
163 than 34.7 (in order to avoid surface temperature maxima), following Lique and Steele
164 (2012). Figure 1 shows the distribution in time and space of profiles where the AW core
165 was identified, with mooring locations shown as black squares.

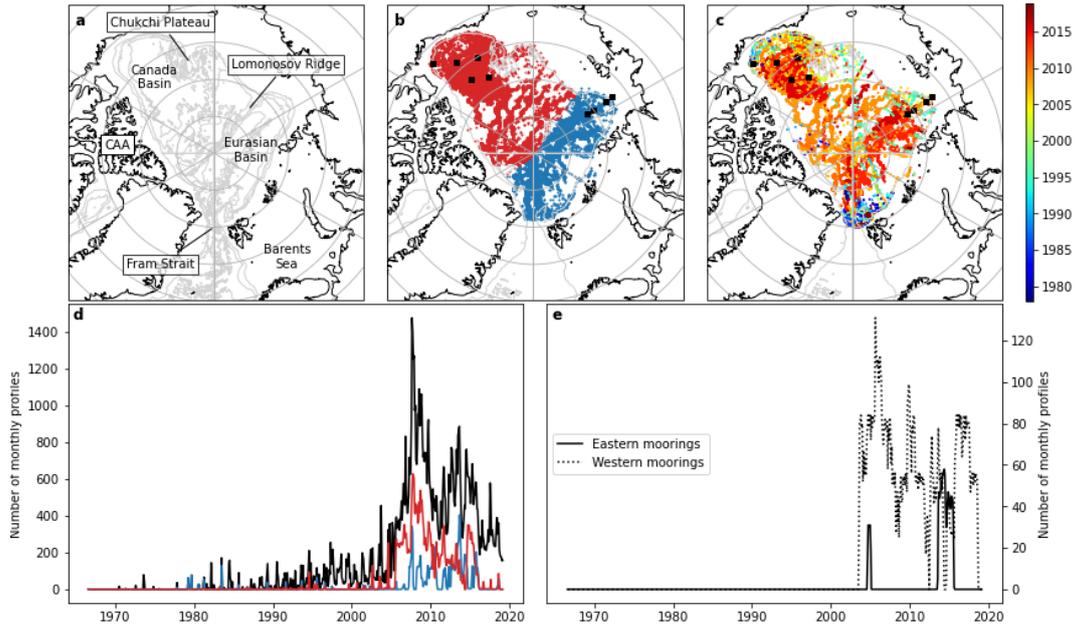


Figure 1. (a) Map of the Arctic with bathymetric contours for every 1000 m shown along with relevant geographic features. (b) Spatial distribution of all AW core data points coloured by region, with east in blue, west in red, and mooring locations marked with black squares. (c) Spatial distribution of all AW core data points coloured by the year in which the measurements were obtained. (d) Time series showing number of monthly profiles, with east in blue, west in red and all Arctic data in black (some of which lay outside of both the eastern and western regions, so are not shown on map or used in analysis). (e) Time series showing number of monthly mooring profiles in the eastern and western regions.

166 To ensure the AW core identified in each profile was not an artefact of limited sam-
 167 pling, profiles were required to start above 100 m and cover a depth range of at least 500
 168 m before being used to identify the AW core (this also eliminated data from the surround-
 169 ing shelf seas, allowing the study to focus on AW within the Arctic basin only). This lat-
 170 ter step resulted in about 44000 AW core data points. Before identifying the core, pro-
 171 files were smoothed over a vertical distance of 80 m by taking the mean of the profile
 172 data within 40 m of each data point. This length scale was chosen as it was the best at
 173 preserving the general shape and magnitude of the temperature profile, while removing
 174 the spikes due to features such as thermohaline intrusions and eddies (although please
 175 note that this smoothing was not applied to the profiles in Figure 3). This is important
 176 as the main aim of this study is to get a general picture of AW core patterns and long-
 177 term trends, and features such as intrusions can disproportionately affect the *depth* of
 178 the AW temperature maximum in basin interiors in such a way as to detract from this.
 179 Any profiles used in the analysis should be assumed to be smoothed unless stated oth-
 180 erwise.

181 The depth coverage varies between data sources - ITP profiles cover the upper 800
 182 m of the water column, whereas many data from CTD stations and moorings extend down
 183 to around 2000 m. This variation in depth range does not affect the analysis in this study
 184 given that the AW core can be identified in both cases, and any profiles that do not sam-
 185 ple the whole AW layer are omitted from the AW heat content analysis in section 6. Al-
 186 though ITPs and moorings provide year-round measurements, there remains a spring/summer
 187 bias to data from other sources. However, this is unlikely to impact results due to the
 188 negligible seasonality of AW when compared to its overall variability in space and time
 189 (Lique & Steele, 2012).

190 The AW layer itself was defined as the portion of the water column bounded by
 191 the 0°C potential temperature crossing points either side of the AW core.

192 Heat content, HC, was computed for various portions of the vertical temperature
 193 profiles according to

$$HC = \int_a^b \rho_\theta(z) c_p T(z) dz$$

194 where ρ_θ is potential density, c_p is specific heat, T is potential temperature, and z is depth
 195 (with a and b being the depth bounds defining the layer in question). 1500 profiles sam-
 196 pled the entire AW layer and allowed for the computation of total AW heat content. To
 197 account for differing profile lengths above the AW layer (due to variation in upper depths
 198 of profiles and the depth of the AW layer itself), heat content density is used to evalu-
 199 ate the heat stored in this layer in a similar way to Polyakov et al. (2011), where the heat
 200 content derived for this upper portion of the water column is divided by the depth over
 201 which it is computed. This is equivalent to an average temperature over that depth range.

202 3 The Atlantic Water core across the Arctic

203 Investigating how the AW core changes across the Arctic Ocean can give a good
 204 picture of the behaviour of the AW layer in general. Figure 2 shows maps of the poten-
 205 tial temperature, salinity, pressure and potential density of the AW core from all obser-
 206 vations, giving an idea of the general spatial distribution of the core properties.

207 Figure 2b highlights the temperature difference between the AW core in the Eurasian
 208 Basin and western Arctic. The core loses heat as it is advected around the basin - its
 209 temperature in the Canada Basin is approximately 1.5°C lower than where it is first sub-
 210 ducted under the fresh surface layer at the southern boundary of the Eurasian Basin.
 211 The most significant heat loss is seen here, where, much like in the Nordic Seas (Lind
 212 et al., 2018), the AW loses heat to the atmosphere and through mixing with the cooler
 213 surface layer. This also freshens the AW (Figure 2c). The higher AW core temperature

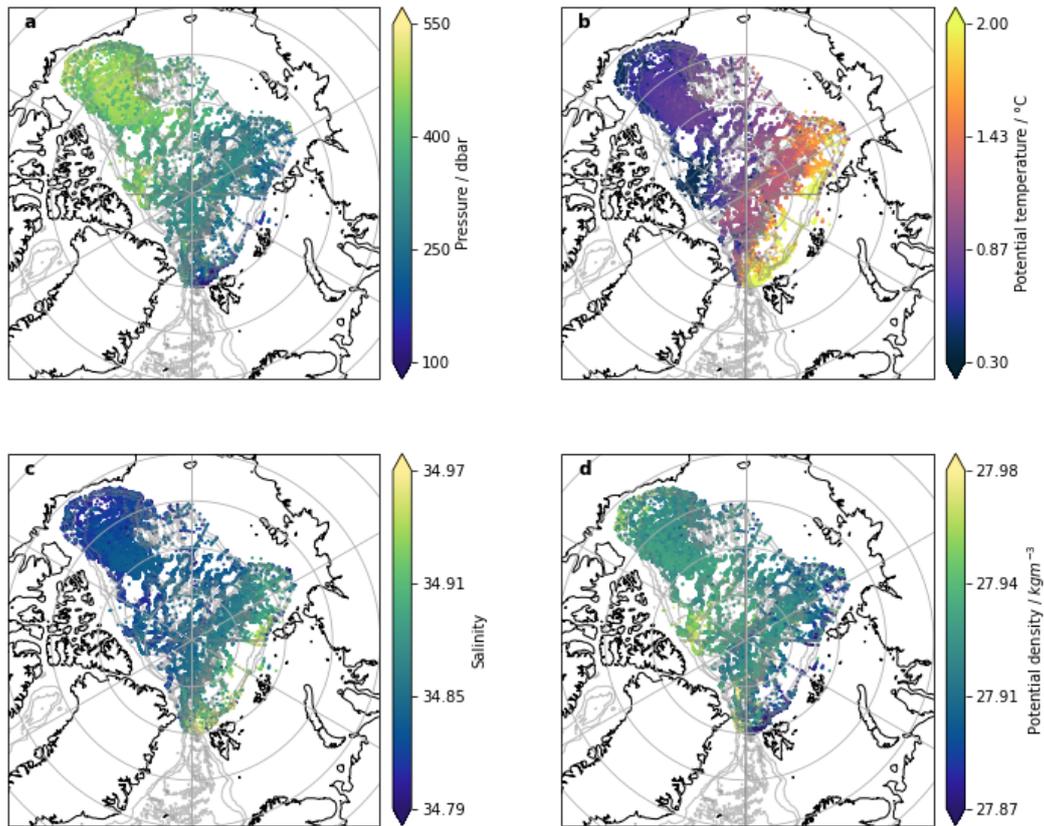


Figure 2. Maps showing (a) pressure (b) potential temperature (c) salinity and (d) potential density of all AW core data points used in this study.

214 along the Lomonosov Ridge relative to the western Arctic boundary suggests that the
 215 AW that recirculates back along the ridge is warmer than that which continues towards
 216 the western Arctic.

217 The salinity of the core (Figure 2c) decreases on its journey around the Arctic, par-
 218 ticularly in the Eurasian Basin where it mixes with fresher surface waters upon subduc-
 219 tion. Turbulent mixing may play an important role in AW freshening in parts of the west-
 220 ern Arctic - the difference in AW core salinity (and temperature) between the bound-
 221 ary and interior of the Canada Basin is indicative of this. Whereas the AW in the in-
 222 terior of the Canada Basin has travelled around the north of the Chukchi Plateau, the
 223 AW at the boundary has travelled over the Chukchi Plateau's complex bathymetry (McLaughlin
 224 et al., 2009; Li et al., 2020). The relatively low temperature and salinity of this bound-
 225 ary AW can be explained by enhanced mixing experienced over this rough topography
 226 upstream.

227 Despite the AW core freshening along the AW advection pathway, the density of
 228 the core appears to increase from its relatively low value along the southern Eurasian
 229 Basin boundary to higher values in the western Arctic and Eurasian Basin interior (Fig-
 230 ure 2d). This is surprising given the importance of salinity in governing density at such
 231 cold temperatures, and suggests the AW core moves across isopycnals as it is advected
 232 around the boundary and spreads into the basin interiors. There are particularly dense,
 233 cold regions along the western shelves just north of the Canadian Arctic Archipelago (CAA)
 234 and Greenland, which suggest that cold, dense shelf flows from sea-ice formation on the
 235 shelves are mixing with the AW layer here. This interaction between AW and dense wa-
 236 ter cascading from shelves has been reported in both the eastern and western Arctic (Ivanov
 237 & Golovin, 2007; ?, ?) and could play a key role in the evolution of AW core temper-
 238 ature and density along the AW advection pathway.

239 The AW core depth exhibits a bimodal structure, as shown in Figure 2a, being much
 240 deeper in the Canada Basin (approx. 500 m) than the Eurasian Basin (approx. 300 m)
 241 due to the Ekman pumping associated with the winds which drive the Beaufort Gyre.
 242 The effect of the Beaufort Gyre on the AW in the Canada Basin can also be seen in the
 243 (un-smoothed) vertical temperature profiles in Figure 3, where the cool waters of the gyre
 244 suppress the AW layer to a much greater depth than that at which it resides in the east-
 245 ern Arctic. However, the important role that the halocline plays in isolating the AW from
 246 the surface can be observed across the whole Arctic (Figure 3).

247 Zig-zags/staircase features in these un-smoothed profiles also indicate the presence
 248 of thermohaline intrusions which form in the presence of temperature and salinity gra-
 249 dients along isopycnals (Ruddick, 1992), and are an important mechanism for AW trans-
 250 port from the boundary to the interior of both the Canada and Eurasian Basins (McLaughlin
 251 et al., 2009; Kuzmina et al., 2011). These intrusion signatures are seen in data through-
 252 out the 21st century in the Canada Basin. Intrusions are also seen in the Eurasian Basin
 253 throughout the time period covered in this study, providing strong evidence for their long-
 254 term presence in this region, although they have been seldom documented beyond the
 255 Canadian Basin in previous studies.

256 **4 Regional differences in Atlantic Water properties and their tempo-** 257 **ral variability**

258 Although the maps in Figure 2 give an idea of the general spatial variability of AW,
 259 they do not indicate how the AW may have changed over the time period studied. This
 260 section will explore the temporal variability observed in the AW layer in different regions
 261 of the Arctic. The potential temperature profiles in Figure 3 are coloured by the year
 262 in which they were taken, and demonstrate the notable interannual variability in tem-
 263 perature exhibited in the water column throughout the Arctic Ocean.

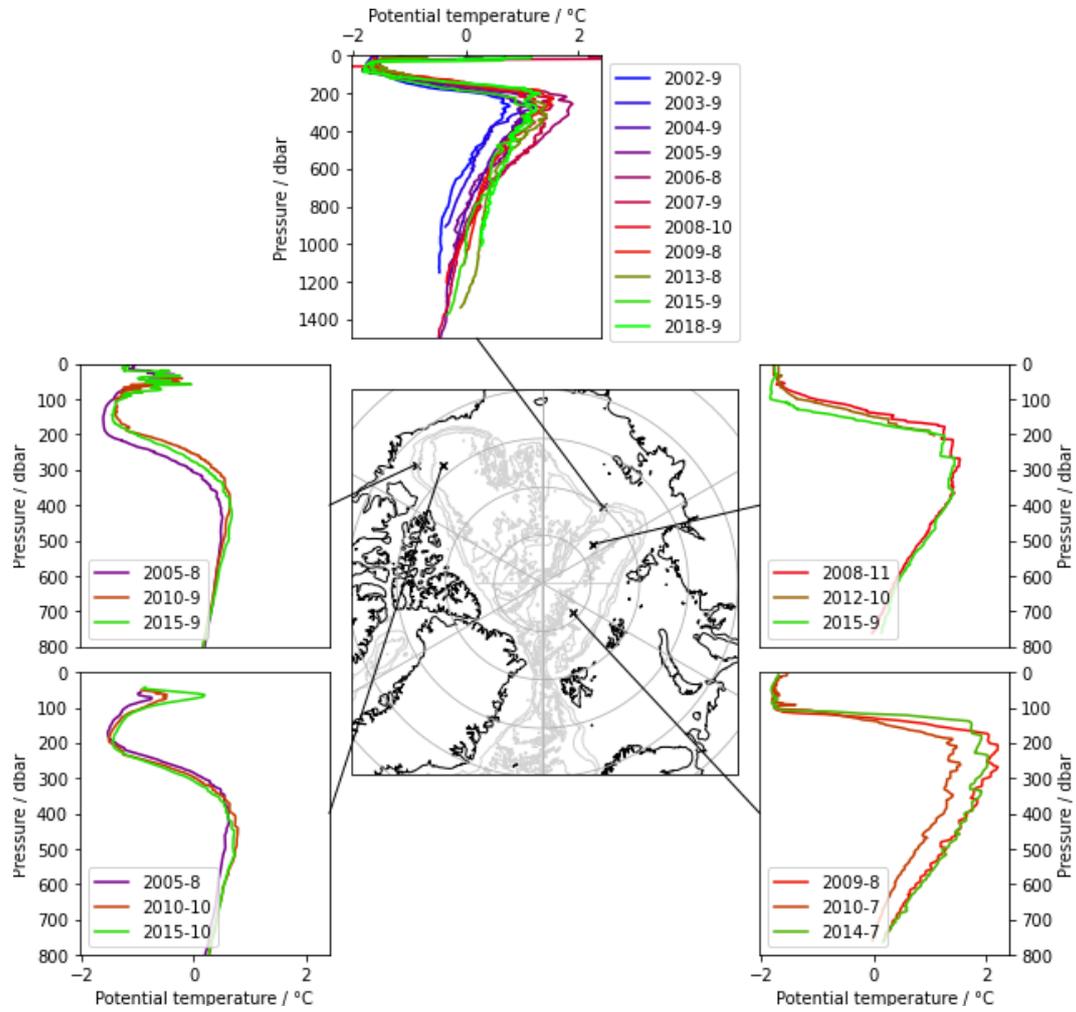


Figure 3. Un-smoothed potential temperature profiles at various locations across the Arctic Basin. Profiles are coloured by the year in which they were taken, with year and month given in the legend. Note the change in y-axis scale in the uppermost plot.

264 The uppermost plot in Figure 3 uses profiles from moorings at the eastern Lomonosov
 265 Ridge, sampling the AW boundary current. The depth range sampled by the moorings
 266 captures both AW branches - the Fram Strait Branch Water (FSBW) and the Barents
 267 Sea Branch Water (BSBW), centered at around 200-500 m and 750-1000 m, respectively.
 268 The temperature of these two branches here appears to vary independently in time. The
 269 BSBW warms consistently throughout the period sampled, hinting at a more system-
 270 atic change in BSBW temperature, which could be explained by surface air temperature
 271 increases over the Barents Sea (Skagseth et al., 2020) or reductions in sea-ice import to
 272 the region (Lind et al., 2018). The FSBW temperature is more variable, reflecting the
 273 variability of AW inflow temperature through the Fram Strait (Ivanov et al., 2012). The
 274 heat loss experienced by the AW in the Barents Sea may act as a buffer for BSBW against
 275 high-frequency variation in upstream AW temperature.

276 Building on the regional differences in AW shown in Figure 2, Figures 4-7 highlight
 277 how the properties of the AW core in the eastern (blue) and western (red) Arctic evolve
 278 with time. Maps and annual normalised histograms show how the temperature, salin-
 279 ity, density and pressure of the AW core change. The period covered by each map is in-
 280 dicated by grey lines enveloping the corresponding annual histograms - these periods were
 281 chosen to account for the varying amount of data available during each period. The reader
 282 is referred to Figure 1 for time series of the amount of data available from each region.

283 The year-to-year spatial variation in data distribution in the eastern Arctic makes
 284 inferring any trends from the histograms for the eastern Arctic difficult, and no signif-
 285 icant trend can be found. However, the more consistent spatial distribution of data in
 286 the western Arctic and lack of spatial sampling bias in the mooring data (shown in black)
 287 allow trends to be inferred for the Canada Basin. The differences in the range of tem-
 288 perature and salinity data between the east and west highlights the transformation un-
 289 dergone by the AW as it travels around the basin, reinforcing what was shown in Fig-
 290 ure 2, with AW core salinity and temperature decreasing due to mixing, and AW core
 291 density increasing as it moves across isopycnals. AW core trends in the west oppose those
 292 expected from the Atlantification reported in the east, despite the advective link between
 293 AW in the two regions.

294 The mooring data in the histograms of Figure 4 reveal a gradual cooling of 0.5°C
 295 in the Canada Basin after 2002, presumably after the arrival of the AW core warm tem-
 296 perature anomaly which entered the Canada Basin in the early 2000s (after having en-
 297 tered the Arctic through the Fram Strait in 1990, McLaughlin et al. (2009); Li et al. (2020)).
 298 The maps in Figure 4 show the spread of this anomaly from the northern edge of the Chukchi
 299 Plateau into the interior of the Canada Basin in 2000-2004, with a more homogeneous
 300 AW core temperature field in 2005-2009.

301 The histograms in Figure 5 and Figure 6 show an increase in AW core salinity and
 302 density in the Canada Basin throughout the mooring time period (2003-2018). Enhanced
 303 interaction between AW and dense shelf flows upstream in the AW boundary current could
 304 explain this salinity increase, reducing the relative freshness of the core in the west com-
 305 pared to the east. The maps show that the AW core at the Canada Basin boundary is
 306 more dense pre-2000 than post-2000, so this variation in density could be part of a longer-
 307 term oscillation. However, enhanced brine rejection from winter sea-ice formation due
 308 to reduced Arctic summer sea-ice area could be causing more dense, saline shelf flows
 309 to interact with AW, and raises the possibility that the Canada Basin AW core salin-
 310 ity increase is part of a forced long term trend. No trend was found in the mean salin-
 311 ity of the AW layer in this region, however; the trend is only apparent at the AW core
 312 depth. This could be due to a freshening of the upper AW layer associated with other
 313 factors such as increased ventilation upstream (Pérez-Hernández et al., 2019) counter-
 314 acting the increase in salinity seen at the core depth.

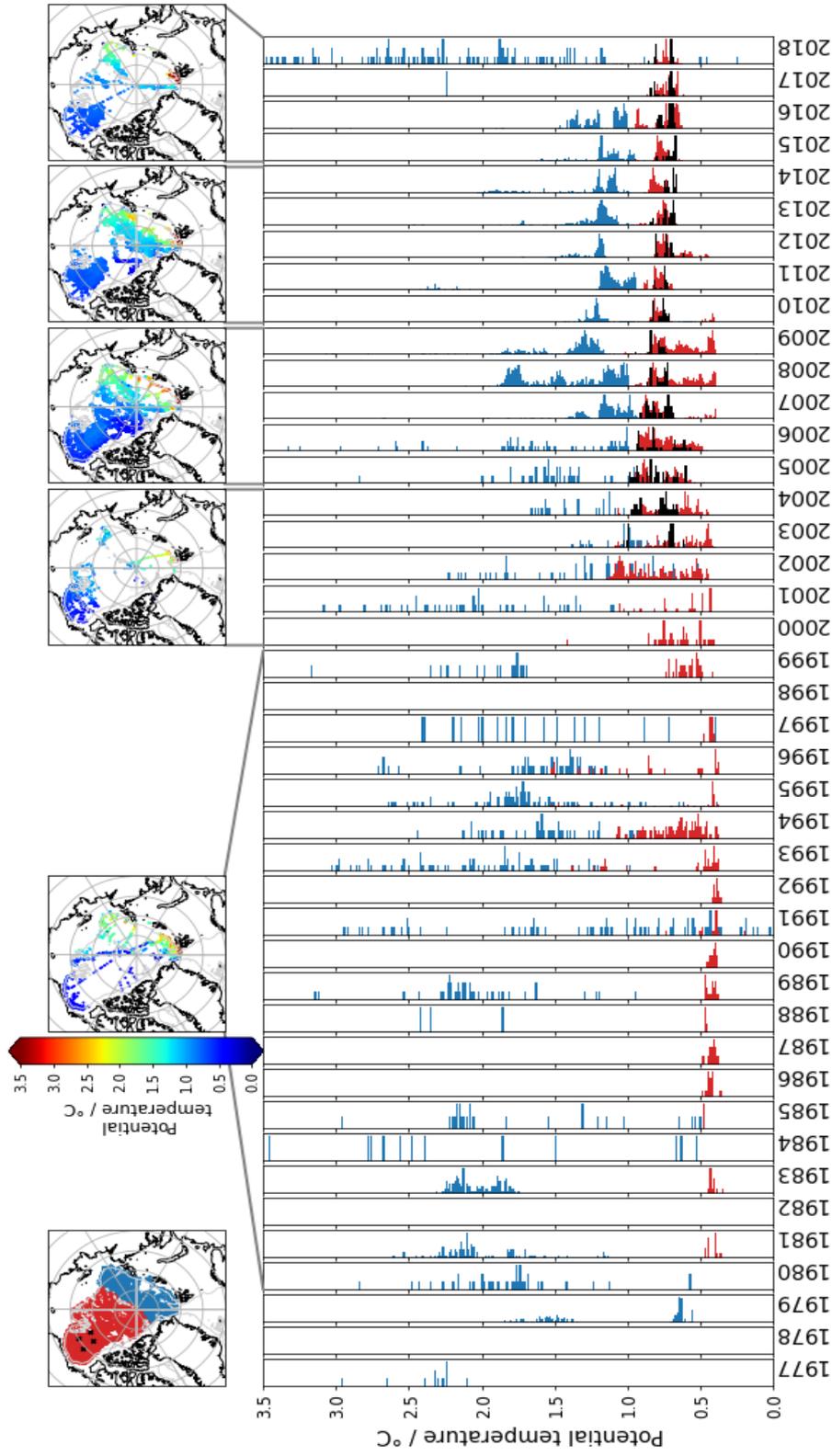


Figure 4. Annual normalised histograms of AW core potential temperature. Histogram data is coloured by region, with blue for eastern data, red for western data, and black for western mooring data - as shown in the map at the top left. The five maps to the right show the spatial distribution of the data in the histograms contained within each pair of grey lines.

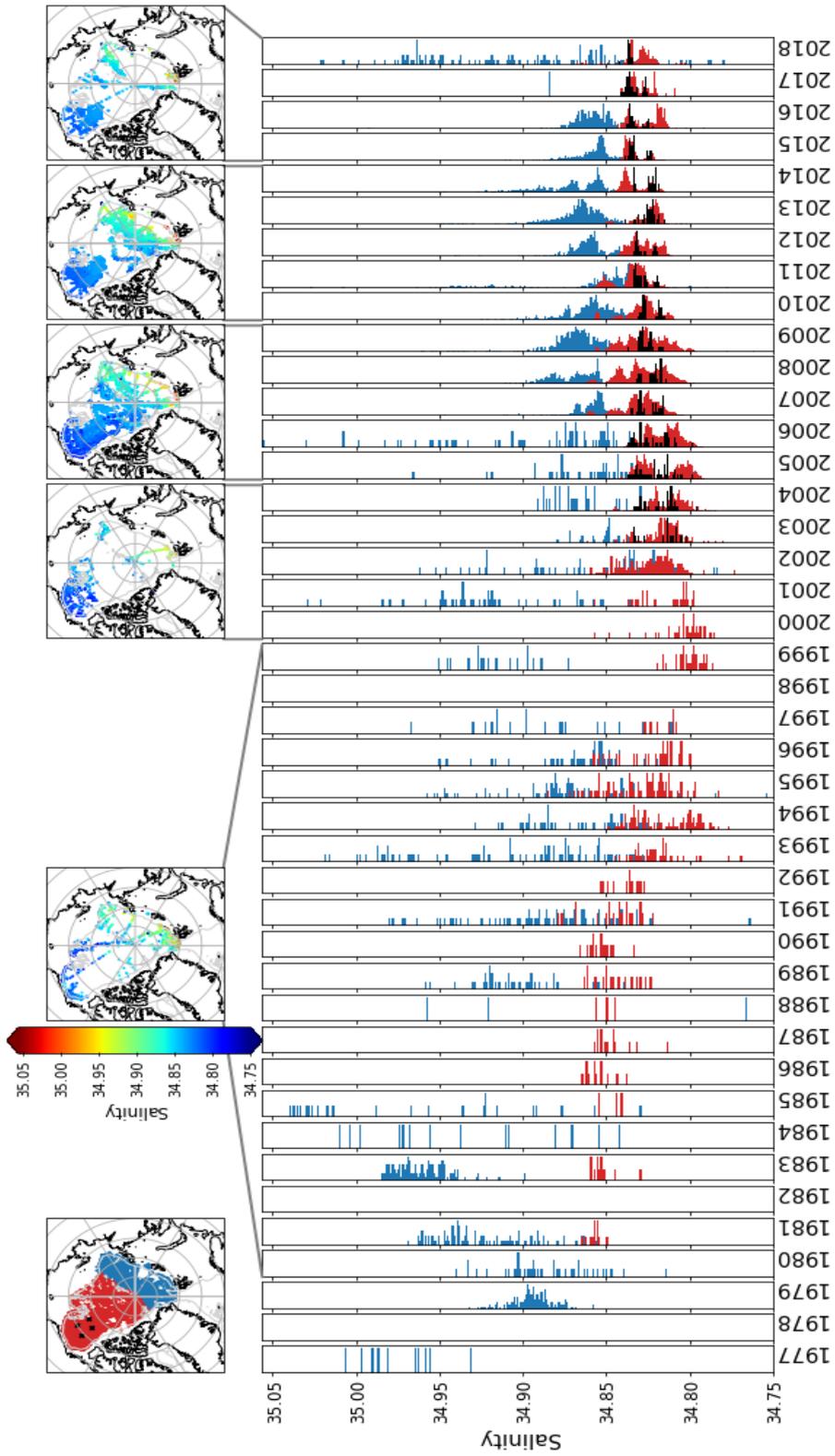


Figure 5. As Figure 4 for AW core salinity

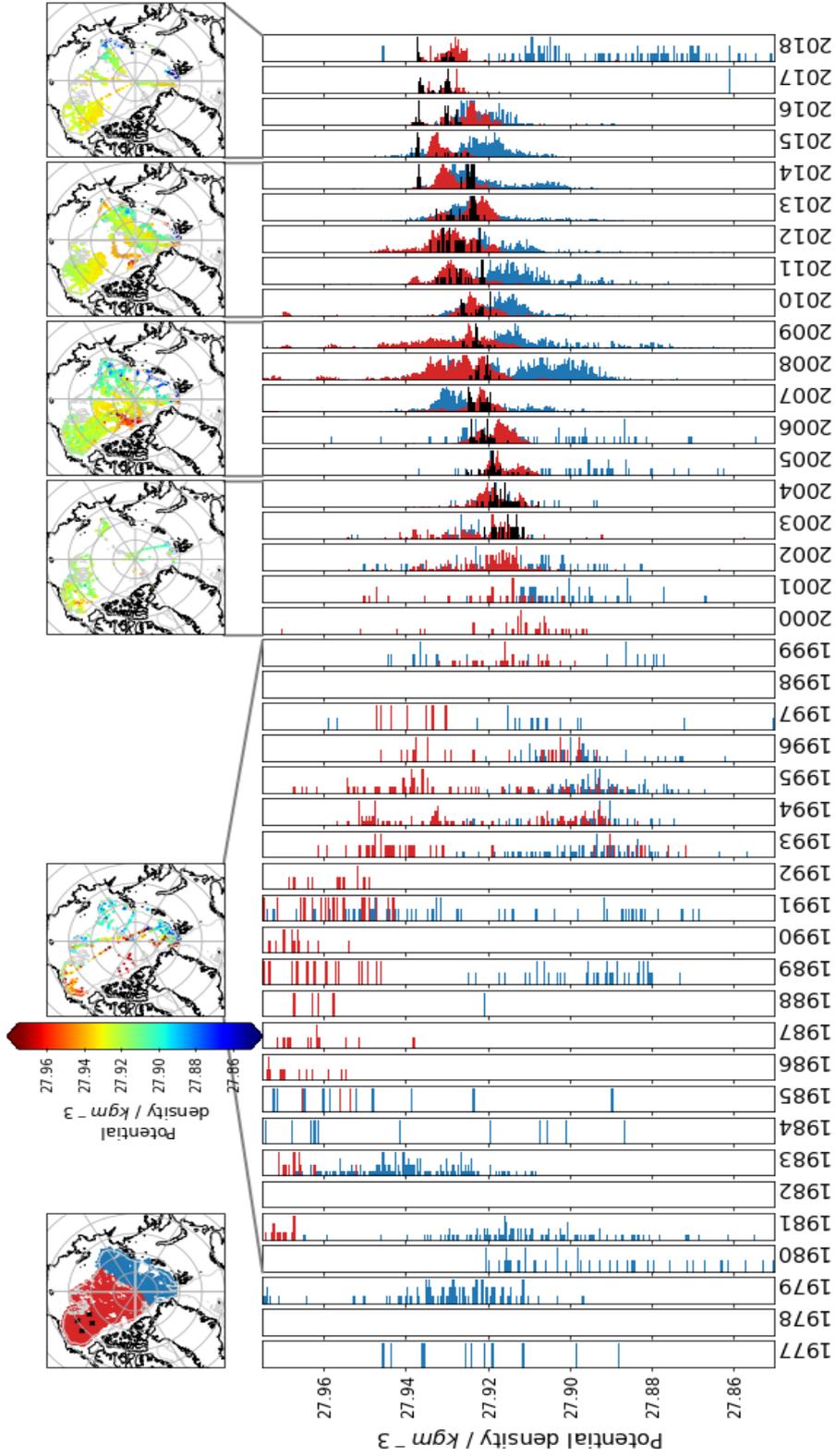


Figure 6. As Figure 4 for AW core potential density

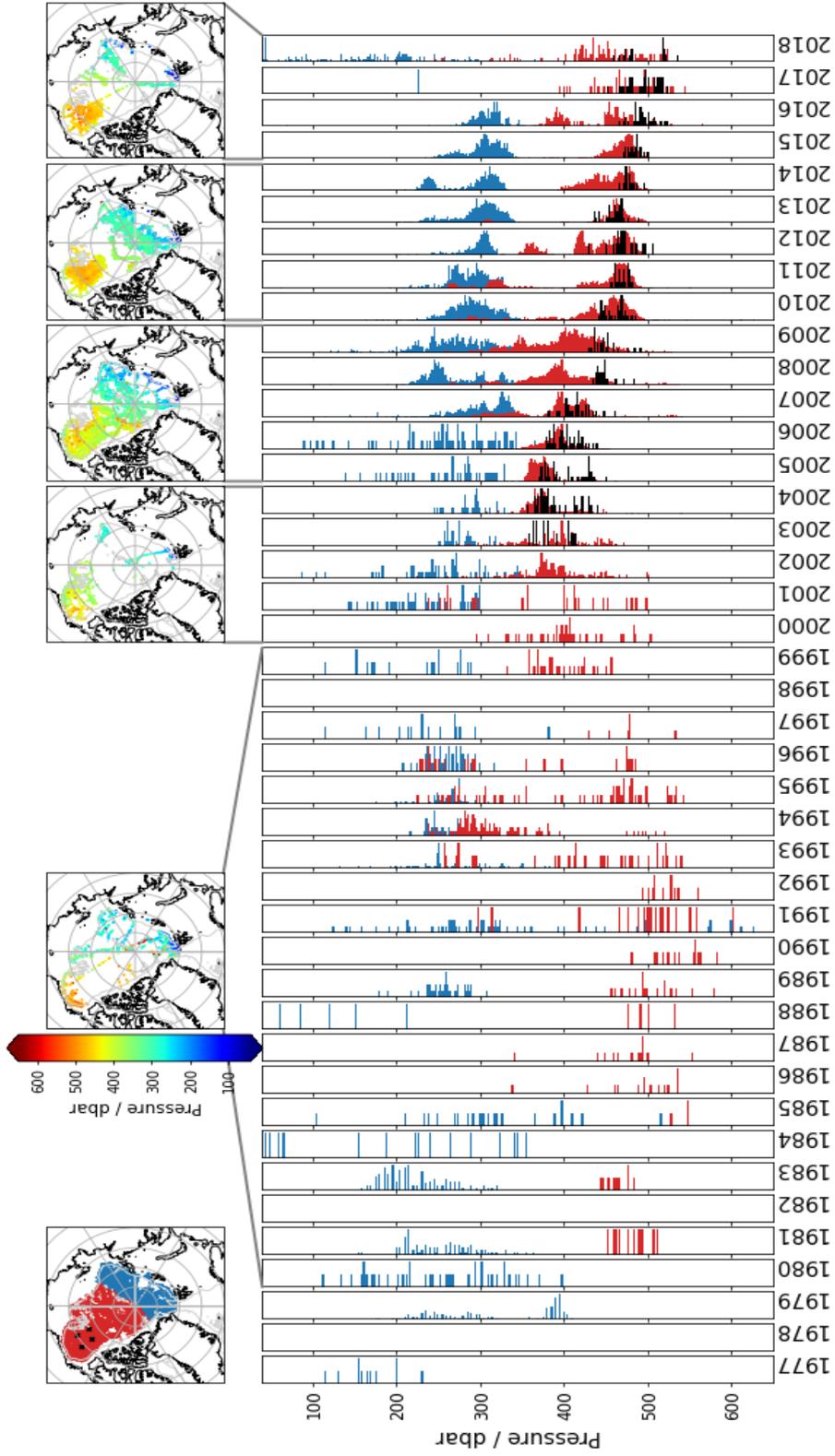


Figure 7. As Figure 4 for AW core pressure

315 The most prominent trend in the histogram figures is that of the Canada Basin moor-
 316 ing data in Figure 7, which show a deepening of the AW core. Zhong and Zhao (2014)
 317 showed that the AW deepening caused by the spin up of the Beaufort Gyre dominates
 318 over the influence of AW core density on depth if the gyre intensifies sufficiently, with
 319 AW position in relation to the gyre centre becoming more important than its density from
 320 2007 onwards. This means that when the gyre is sufficiently intense, AW suppressed by
 321 the gyre can reside deeper than other AW that is denser (e.g. that at the Canada Basin
 322 boundary which the gyre does not suppress). The histograms in Figure 7 show that the
 323 deepening of the AW core coincides with the isopycnal deepening reported by Zhong and
 324 Zhao (2014) and others. However, the histograms show continued AW core deepening
 325 despite the gyre stabilisation after 2008 (Zhang et al., 2016). Based on this figure we spec-
 326 ulate that a combination of gyre intensification and AW core salinity/density increase
 327 caused a deepening of the AW core up to 2008, with the latter continuing the deepen-
 328 ing in subsequent years.

329 5 AW variability at transects and moorings

330 Broad regional trends in AW core properties have been discussed above. To inves-
 331 tigate these further, and put AW core changes within the context of the wider water col-
 332 umn, the temporal variability of data at moorings and across regularly repeated CTD
 333 transects is investigated below. This should reveal more about the implications of the
 334 AW changes for water column stratification and heat distribution.

335 5.1 Eurasian Basin

336 The potential temperature and salinity along a NABOS CTD transect repeated from
 337 2002–2018 across the AW boundary current in the eastern Eurasian Basin is shown in
 338 Figure 8. The year of each transect is given in the plot, and the AW core depth is iden-
 339 tified with a black dot. The vertical black lines near the surface of the transects show
 340 the location of the CTD profiles. Data between these profiles have been interpolated us-
 341 ing a Delaunay triangulation grid. The AW layer warms throughout the time period, but
 342 the warming is pulse-like rather than continuous, with one warm pulse peaking in 2007–
 343 08 (likely the same warm pulse of AW that entered through Fram Strait around the year
 344 2000 (Polyakov et al., 2005, 2011)) and a second in the 2018 section. The AW core in
 345 2018 is 1°C warmer than that in 2002. The salinity of the AW also shows an increasing
 346 trend throughout the time period covered in Figure 8, although regions and years of high
 347 salinity are not coincident with regions or years of high temperature.

348 Figure 9 allows for a more quantitative assessment of the changes in the water col-
 349 umn at this location. The first three panels of this figure show the evolution of AW core
 350 properties across the transect. This figure shows more clearly that the core freshens on-
 351 shore in most years, suggesting that AW is mixing with fresher waters from the shelf or
 352 that the AW that reaches the shelf is that which is fresher. As above, the core temper-
 353 ature (and AW layer heat content shown in panel five) exhibits warm pulses which are
 354 superimposed upon a general warming trend across the period. Notably the heat con-
 355 tent of the AW layer increases to three times its 2002 value in 2018. The salinity and
 356 depth of these pulses differ, however - the AW core during the warm pulse in 2018 is fresher
 357 and shallower than the one in 2008. A weakened halocline may have allowed the warm
 358 AW to shoal higher in the water column and mix with the fresher surface layer, as re-
 359 ported by Polyakov, Rippeth, et al. (2020). The 2013 transect, although slightly cooler
 360 than those from 2008 and 2018, has a comparatively salty, deep AW core. This non-coincidence
 361 of AW core salinity and temperature changes suggests that even enhanced mixing due
 362 to a weaker halocline does not mask the signal of these warm AW pulses.

363 The fourth panel of Figure 9 shows the “heat content density” (the heat content
 364 of a portion of the water column divided by the height over which it is computed) of the

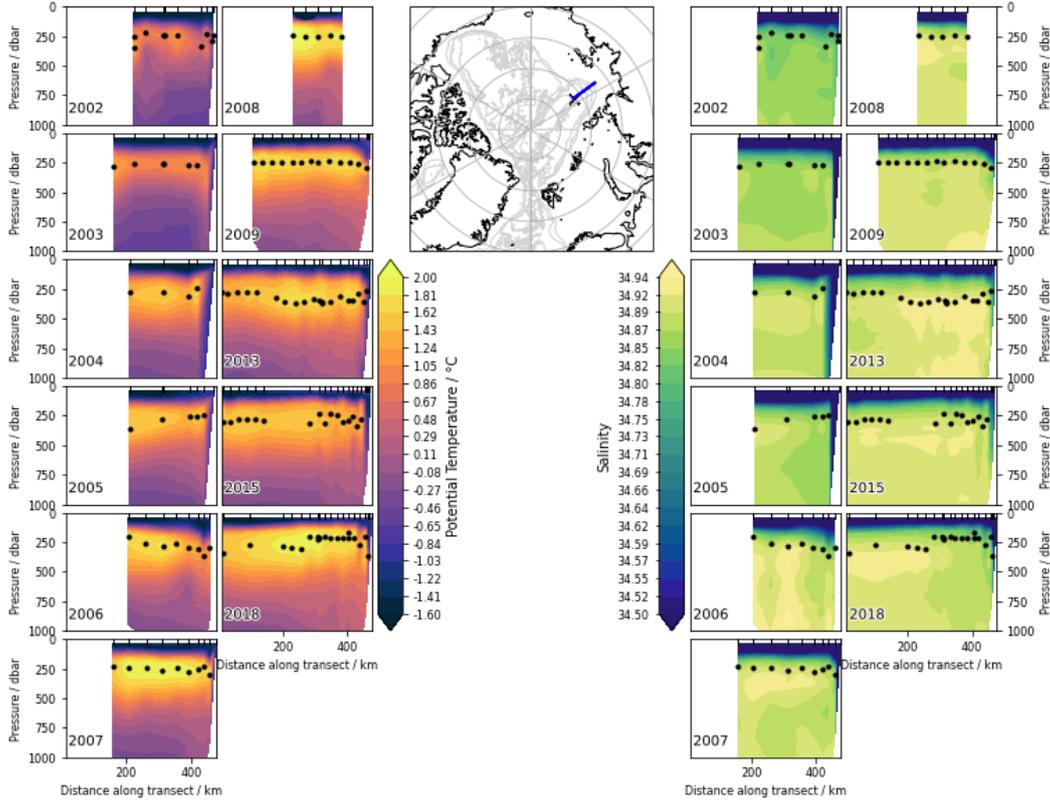


Figure 8. Potential temperature and salinity along a repeated CTD transect in the eastern Eurasian Basin. In all years, transects were measured in August, September or October. The origin of the x-axis of the transect is marked with a black cross on the map. CTD profile locations are marked on the transect plots with vertical black lines at the surface. The black dots on the transect plots denote the location of the AW core, and the year in which each transect was taken is given at the bottom left of each plot.

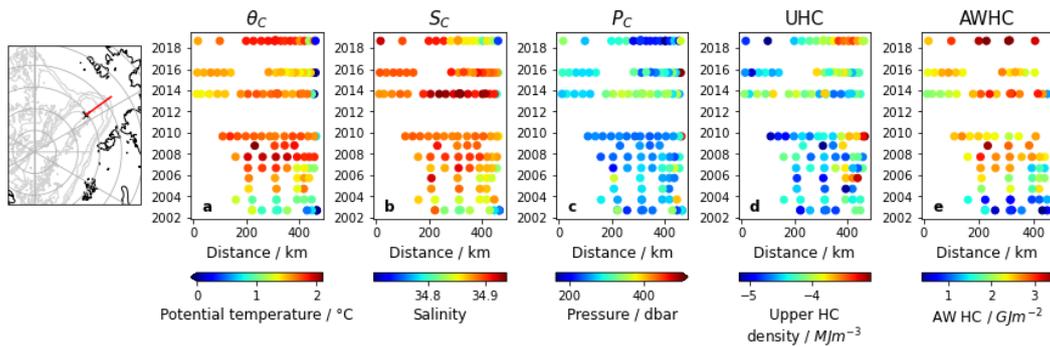


Figure 9. Water column properties across a repeated CTD transect in the eastern Eurasian Basin. Transect location is shown on the map, with a black cross denoting the x-axis origin of the transect plots. Transect plots show (a) AW core potential temperature, (b) AW core salinity, (c) AW core pressure, (d) heat content density of the water column above the AW layer, denoted as upper heat content (UHC), and (e) total heat content of the AW layer.

365 sampled water column above the AW layer, denoted as upper heat content (UHC) in the
 366 figure. This is essentially a measure of the average temperature of the surface layer and
 367 halocline. UHC increases when the AW core salinity is low and AW core depth is shall-
 368 low - perhaps an indication that a shallower AW layer transfers more heat to the halo-
 369 cline and surface layer. Despite the similarities in AW core temperature of the 2009 and
 370 2013 transects, the fresher/shallower core in 2009 coincides with a larger surface layer
 371 heat content density. The strength of the halocline plays an important role in govern-
 372 ing AW salinity, and this figure further emphasises the importance of the Eurasian Basin
 373 halocline in governing the extent of Atlantification in the eastern Arctic, regardless of
 374 the temperature of AW itself. This is also highlighted in recent work by Polyakov et al.
 375 (2018), where halocline stability, quantified using density anomalies throughout the layer,
 376 is identified as a key climate change indicator in the region. The implication that AW
 377 shoaling is more influential than AW temperature change on surface layer heat content
 378 is not surprising given the low levels of vertical mixing throughout the Arctic (Fer, 2009).
 379 This is also reflected in the dissimilarity between variations in AW layer heat content
 380 and UHC seen in Figure 9.

381 5.2 Canada Basin

382 Figure 10 shows the same analysis applied to two repeated CTD transects in the
 383 Canada Basin. This allows for detection and comparison of any signals advected down-
 384 stream from the Eurasian Basin transect in Figure 9. The length of the transects also
 385 enables comparisons between AW found on the boundary and within the interior of the
 386 Canada Basin.

387 As in the Eurasian Basin, Figure 10 shows evidence of the pulse-like nature of AW
 388 core temperature evolution, with warm AW core values in the interior in the mid-2000s
 389 indicative of the warm anomaly that arrived in the Canada Basin in the early 2000s (McLaughlin
 390 et al., 2009). As seen in Figure 2, AW at the Canada Basin boundary (>1000 km along
 391 section A, and the furthest few data points of section B) is cooler and fresher than that
 392 in the interior due to the enhanced mixing it experiences upstream over the rough bathymetry
 393 of the Chukchi Plateau (McLaughlin et al., 2009; Li et al., 2020). This enhanced mix-
 394 ing and cooling is the likely reason why the warm temperature anomaly is not seen at
 395 the boundary in Figure 10 - the temperature signal is much weaker there than it is in
 396 the interior.

397 On both transects, at the boundary, AW core temperature and salinity vary sim-
 398 ilarly, presumably because both of these properties are governed by the same mixing pro-
 399 cesses upstream. This is not the case in the interior, however, where from 2012 onwards
 400 both transects see an increase in AW core salinity which is not reflected in the temper-
 401 ature. This could be related to the thermohaline intrusions through which the AW en-
 402 ters the interior from the Chukchi Plateau, with the heat diffusing away from these in-
 403 trusions quicker than the salt, leaving a saline core with no warm temperature signal.
 404 This is also indicated by the AW layer heat content, which remains high in the interior
 405 of section B after the AW core has cooled. The AW core salinity increase (which is also
 406 seen at the boundary and in Figure 5) could be related to enhanced AW mixing with dense,
 407 saline flows from sea-ice formation on the shelves near the Canada Basin. Flux of dense
 408 water cascading from these shelves is indeed increasing, as reported recently by Luneva
 409 et al. (2020).

410 The slight warming of the AW core temperature in the interior of section B of Fig-
 411 ure 10 in 2016 could be evidence of the AW warm anomaly observed upstream of the Chukchi
 412 Borderlands in 2010 (after having entered the Arctic Ocean through the Fram Strait in
 413 the 2000, Li et al. (2020)). It can also be seen at the Eurasian Basin transect in Figure
 414 9 around 2008, and until now has not been conclusively observed in the Canada Basin
 415 interior. This gives AW advection timescales from the eastern Eurasian Basin to the north

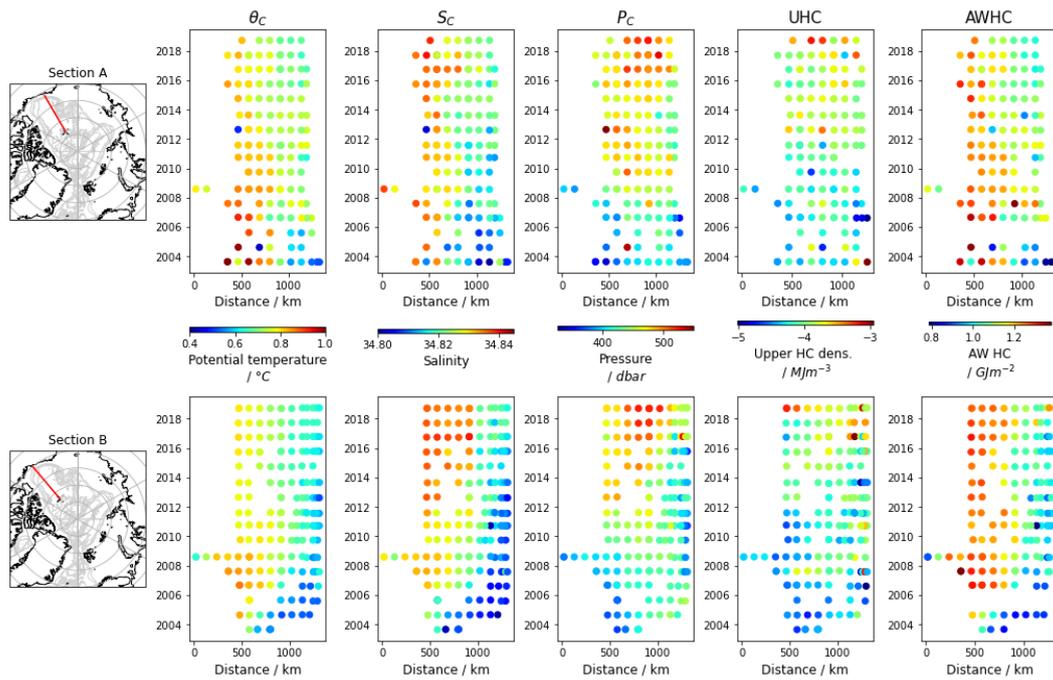


Figure 10. Water column properties across two repeated CTD transects in the Canada Basin. Transect location is shown on the maps, with black crosses denoting the x-axis origin of each transect. Remaining panels show (a) AW core potential temperature, (b) AW core salinity, (c) AW core pressure, (d) heat content density of the water column above the AW layer, and (e) total heat content of the AW layer.

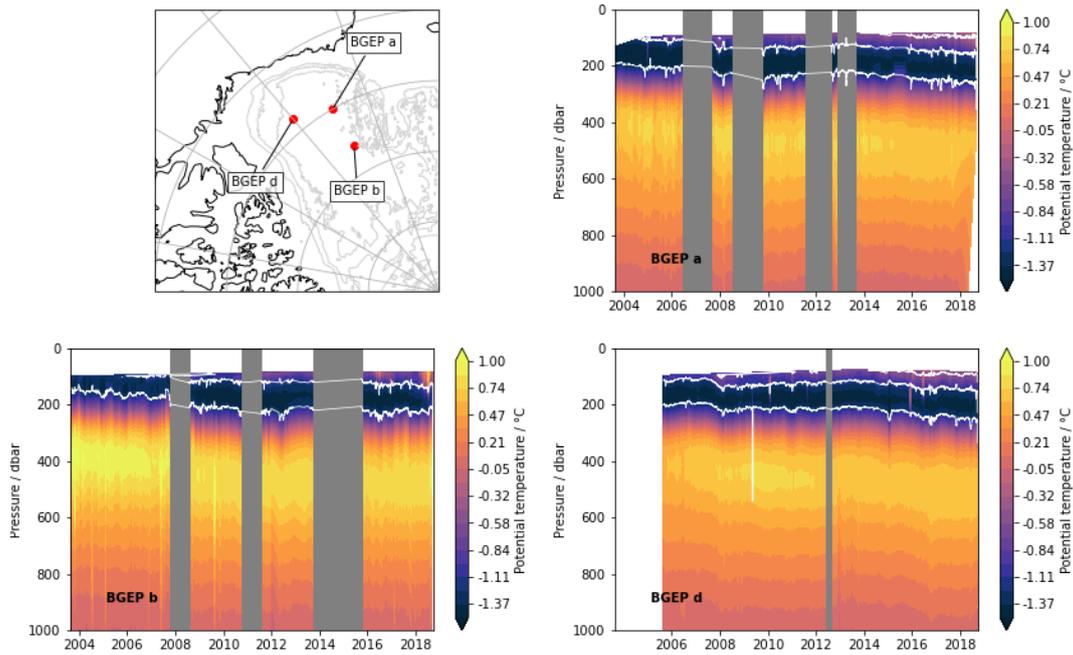


Figure 11. Hovmöller plots of potential temperature from three moorings in the Canada Basin (BGEP moorings a, b and d - locations shown on map). White lines denote the isopycnals - the deepest at 27 kgm^{-3} , contour interval 1 kgm^{-3} . Grey regions cover time periods with insufficient data.

416 of the Chuckchi Borderlands, and around the north of the Borderlands into the Canada
 417 Basin interior of order 8 years, in agreement with other observational studies (Polyakov
 418 et al., 2011; Li et al., 2020). The amplitude of the warming is low compared to that of
 419 the previous warm temperature anomaly - despite the second anomaly being 0.24°C warmer
 420 than the first in the Eurasian Basin (Polyakov et al., 2010). This could be due to enhanced
 421 heat loss experienced by the AW during its advection, associated with increased venti-
 422 lation and/or interaction with shelf flows. Further observational data would be needed
 423 to confirm the presence of this second AW warm anomaly in the Canada Basin interior,
 424 however.

425 Figure 7 showed that the depth of the AW core in the Canada Basin increases through-
 426 out the time period covered. Comparing the patterns of change in AW core depth and
 427 salinity in Figure 10 suggests that the salinity increase is not the most important driver
 428 of the depth increase. As discussed, the spin-up of the Beaufort Gyre and associated en-
 429 hanced downwelling influences AW depth (Lique & Johnson, 2015; Lique et al., 2015;
 430 Zhong & Zhao, 2014), so the increase in core depth could be explained by gyre inten-
 431 sification (which continued at least until 2008, Zhang et al. (2016); Regan et al. (2019)).

432 Figure 10 shows a further increase in AW core depth after 2008, however, along with
 433 a general increase in surface layer heat content density. The Hovmöller plots in Figure
 434 11 reveal more about the mechanisms behind the AW core deepening in the Canada Basin
 435 beyond 2008, and also help explain this increase in upper layer heat content density. This
 436 figure shows Hovmöller plots of potential temperature profiles from three of the BGEP
 437 moorings in the Canada Basin (mooring c having been omitted due to the shorter time-
 438 series available there), with white lines marking isopycnal depths. The core depth varies
 439 in concert with isopycnal depth at all moorings, again emphasising that changes else-
 440 where in the water column, rather than those of the AW properties themselves, are likely

441 driving AW depth changes here. With the exception of mooring d (which the gyre moved
 442 away from during the start of the period shown (Regan et al., 2019)), the isopycnals and
 443 hence AW deepened up until 2008, as the gyre intensified and stabilised (Zhang et al.,
 444 2016). The subsequent deepening of the AW can be attributed to the appearance of a
 445 warm, fresh water mass near the surface. This is likely to be Pacific Water which pen-
 446 etrated the Canada Basin halocline in the early 2010s (Timmermans et al., 2014). There-
 447 fore, both the gyre intensity and presence of Pacific Water in the halocline appear to be
 448 the main factors behind AW core depth increase in the Canada Basin. The increase in
 449 AW core density does not appear to play an important role, as seen in Figure 10. The
 450 increase in upper layer heat content density seen in Figure 10 can be attributed to the
 451 presence of this Pacific Water, and does not coincide with a change in AW layer heat con-
 452 tent (shown in the final panel of Figure 10). This suggests that increases in sea-ice bottom-
 453 melt reported in the Beaufort Sea (Perovich & Richter-Menge, 2015) are likely due to
 454 Pacific Water (along with other local features such as the near-surface temperature max-
 455 ima (Jackson et al., 2012; Timmermans, 2015)), not Atlantic Water heat. The deepen-
 456 ing of the AW and its increased isolation from the surface in the Canada Basin is in stark
 457 contrast to the concurrent Atlantification seen in the Eurasian Basin.

458 **6 Relationships between properties of the AW core and the rest of the** 459 **AW layer**

460 Much of the analysis in this study has involved the use of the AW core to infer prop-
 461 erties of the AW within the Arctic. It is therefore important to investigate how repre-
 462 sentative properties of the AW core are of the AW layer in general. In section B of Fig-
 463 ure 10, for example, there was a suggestion that diffusion of heat away from the AW core
 464 within thermohaline intrusions caused a decrease in AW core temperature, while total
 465 AW layer heat content remained stable. In this subsection, general relationships between
 466 AW core properties and integrated AW layer properties will be explored.

467 The maps in Figure 12 show total AW layer heat content during different time pe-
 468 riods, chosen to give a roughly even data distribution between panels. As most obser-
 469 vational profiles do not sample deep enough to cover the entire AW layer, there are sub-
 470 stantially less AW heat content data (1500 data points) than AW core data. This, of it-
 471 self, emphasizes the usefulness of the AW core in assessing the pathways and evolution
 472 of the AW layer.

473 In the Canada Basin, AW heat content increased in the mid-2000s (Figure 12, pan-
 474 els b to c) after the arrival of the AW warm anomaly (McLaughlin et al., 2009; Li et al.,
 475 2020) and has since remained at that higher level of approximately $1.5 \times 10^9 \text{ Jm}^{-2}$, with
 476 no long term trend observed. The eastern Eurasian Basin saw an increase in AW heat
 477 content throughout the period studied, in-line with the reported Atlantification of the
 478 region (Lind et al., 2018; Polyakov et al., 2010, 2017). Figure 12 shows a stark difference
 479 between AW heat content in the Eurasian and Canada Basins, implying that the AW
 480 that bifurcates and recirculates towards the Fram Strait along the Lomonosov Ridge is
 481 warmer than the AW in much of the western Arctic. The heat content maps in Figure
 482 12 are very similar to the AW core potential temperature maps in Figure 2, further sug-
 483 gesting that the AW core temperature captures AW heat content variability well in both
 484 time and space.

485 To be more quantitative in this conclusion, correlations between AW core temper-
 486 ature and AW heat content were computed. Figure 13 shows scatter plots between pairs
 487 of variables computed from profiles in both the eastern and western Arctic (these regions
 488 are defined in Figure 1). R-squared values for each of the plots are given, along with re-
 489 gression lines. The relationship between total AW heat content and the potential tem-
 490 perature of the AW core is shown in Figure 13a. There is a strong correlation between
 491 these two variables in both the eastern and western Arctic, highlighting the general ef-

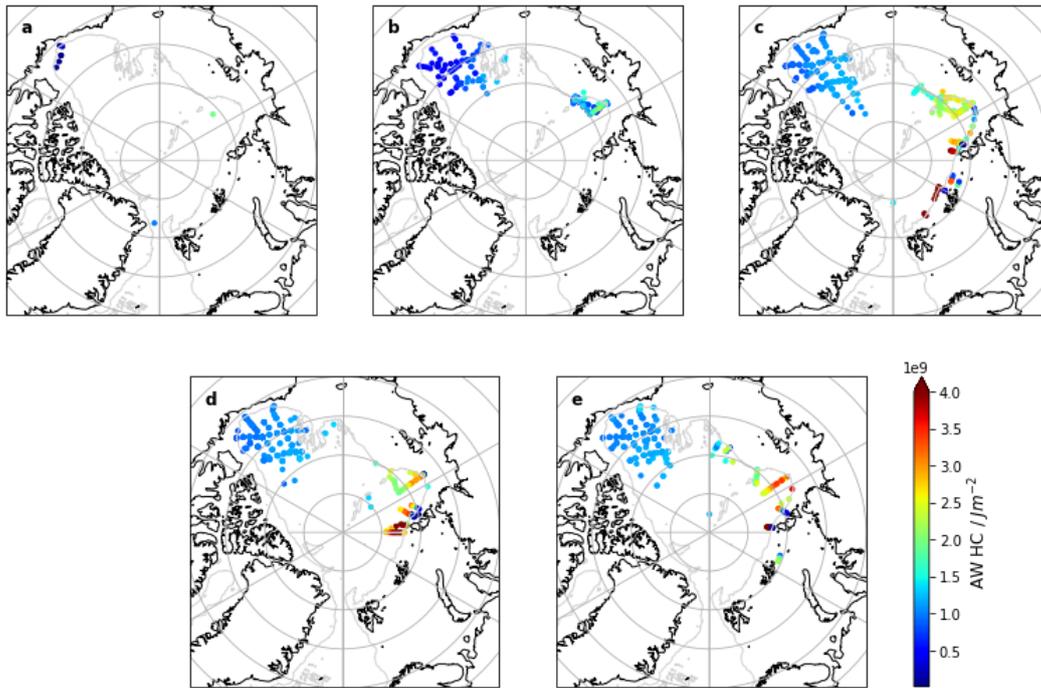


Figure 12. Maps of total AW layer heat content from all profiles which sampled the entire AW layer (defined as the layer between the two 0°C crossing points either side of the AW core) for (a) 1980-1999, (b) 2000-2004, (c) 2005-2009, (d) 2010-2014, and (e) 2015-2018.

492 effectiveness of the AW core temperature as an easily measurable metric for assessing AW
 493 heat content. However, the correlation is not as high as perhaps would be expected - likely
 494 owing to the diffusion of heat away from intrusions as mentioned above - and differs be-
 495 tween eastern and western basins.

496 Figures 13b and 13c show correlations between other properties of the AW core and
 497 AW layer. Figure 13b shows the relationship between AW core depth and the depth of
 498 the upper boundary of the AW layer (i.e. the 0°C crossing point above the AW core).
 499 Although there is a strong correlation in the western Arctic, this is not the case in the
 500 east - likely due to mixing between the upper AW and the fresher, cooler surface and halo-
 501 cline waters. This highlights the care that should be taken when using AW core depth
 502 to assess AW layer shoaling here.

503 Comparing the mean salinity of the AW layer with the AW layer heat content can
 504 give an idea of the role that mixing with fresher waters plays in AW heat loss. Figure
 505 13c shows that, while there is a relatively high correlation between these variables in the
 506 east, the correlation is negligible in the west. This implies that although mixing with fresher
 507 waters is important for AW heat loss in the Eurasian Basin - as would be expected given
 508 that the AW subducts beneath the cooler, fresh polar waters here, losing a lot of heat
 509 - it is not as important in the western Arctic. As seen above, heat loss in the majority
 510 of the western Arctic may be more affected by mixing with cold dense flows from brine
 511 rejection at the shelves than mixing with fresher waters sitting above the strong halo-
 512 cline.

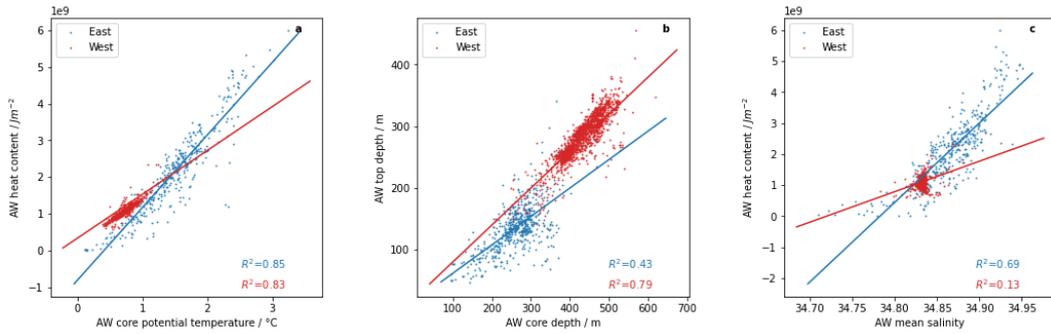


Figure 13. Scatter plots between (a) AW core potential temperature and total AW heat content, (b) AW core depth and AW upper depth, and (c) AW mean salinity and total AW heat content. Blue data is from the eastern Arctic (defined in Figure 1), with red data from the western Arctic. R-squared values and regression lines are shown for each scatter plot.

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7 Conclusion

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This study has used hydrographic profiles from across the Arctic from the 1970s to 2018 to build a picture of AW in the Arctic Ocean entirely from observations, and investigate its spatial and temporal variability. Much of the analysis has focused on the AW core (the depth at which the maximum potential temperature occurs). This was found to be a generally effective and easily detected metric to assess the heat content of the AW layer. However, the depth of the AW core is not always reflective of the depth of the top of the AW layer, particularly in the eastern Arctic.

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In general, as the AW is advected around the Arctic the potential temperature and salinity of its core decrease. Despite this freshening, the AW core density increases along its advection pathway as it moves across isopycnals within the AW layer. We found evidence of interaction between the AW and cold, saline flows from the shelves, which may be an important mechanism through which the AW loses heat upon advection around the Arctic - particularly in the west (with heat loss to the atmosphere and fresh surface waters more important in the east). The increase in AW core density and salinity in the western Arctic from 2002 onwards indicates that this interaction may be increasing, perhaps due to enhanced winter sea-ice formation as summer sea-ice extent reduces. No such trend in mean AW layer salinity was found, however.

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The evolution of AW differed between the eastern and western basins of the Arctic. East of the Lomonosov Ridge, in the Eurasian Basin, AW temperature and AW heat content increased from 2002–2018 with warm pulses superimposed upon this trend. In contrast to this, and the widely reported Atlantification in the east, the western Arctic saw AW core temperatures decrease and AW heat become more isolated from the surface. This was due to Beaufort Gyre intensification and an influx of warm Pacific Water, both of which deepened the halocline. These findings suggest a future Atlantic regime and Pacific regime in the Arctic, separated by the Lomonosov Ridge - with AW affecting sea-ice in the east, and Pacific Water influencing sea-ice in the west. This contrasting regional evolution is in agreement with other recent studies, which describe halocline weakening, AW shoaling, and increased sub-Arctic influence in the Eurasian Basin, contrasting with a freshening and deepening of the surface layer in the Amerasian Basin driven by local atmospheric conditions (Polyakov, Rippeth, et al., 2020; Polyakov, Alkire, et al., 2020).

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Despite the limitation of sparse, temporally inhomogeneous oceanographic measurements in the Arctic, pan-Arctic observational analysis can give useful insights into

547 the overall temporal and spatial patterns of heat distribution in the Arctic Ocean. Given
 548 the challenges of realistically representing the AW layer in forced ocean-sea-ice and cou-
 549 pled climate models, and the stark regional differences emerging in the Arctic Ocean,
 550 the use of pan-Arctic observations for model validation and benchmarking will be essen-
 551 tial. Only by combining insight from observations and models will we be able to accu-
 552 rately determine what the future Arctic will look like under a changing climate, which
 553 is important both for the region itself as well as for the wider climate system.

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 557 from <http://www.whoi.edu/itp> (for ITP data), <https://www.whoi.edu/beaufortgyre>
 558 (for BGEP data), <https://uaf-iarc.org/nabos> (for NABOS data), and [https://www](https://www.nodc.noaa.gov/OC5/WOD/pr_wod.html)
 559 [.nodc.noaa.gov/OC5/WOD/pr_wod.html](https://www.nodc.noaa.gov/OC5/WOD/pr_wod.html) (for WOD data).

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