



27 **Abstract**

28 Sub-cloud turbulent kinetic energy has been used to parameterize the cloud-base updraft velocity ( $w_b$ ) in  
29 cumulus parameterizations. The validity of this idea has never been proved in observations. Instead, it was  
30 challenged by recent Doppler lidar observations showing a poor correlation between the two. We argue that  
31 the low correlation is likely caused by the difficulty of a fixed-point lidar to measure ensemble properties  
32 of cumulus fields. Taking advantage of the stationarity and ergodicity of early-afternoon convection, we  
33 developed a lidar sampling methodology to measure  $w_b$  of a shallow cumulus (ShCu) ensemble (not a single  
34 ShCu). By analyzing 128 ShCu ensembles over the Southern Great Plains, we show that the ensemble  
35 properties of sub-cloud turbulence explain nearly half of the variability in ensemble-mean  $w_b$ ,  
36 demonstrating the ability of sub-cloud turbulence to dictate  $w_b$ . The derived empirical formulas will be  
37 useful for developing cumulus parameterizations and satellite inference of  $w_b$ .

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## 52 1. Introduction

53 Cloud-base updraft velocity ( $w_b$ ) is a crucially important variable as it influences various  
54 aspects of cumulus clouds (Rogers and Yau, 1996). The  $w_b$  modulates the aerosol cloud-mediated  
55 effect by governing the supersaturation near cloud bases (Twomey, 1959; Rosenfeld, 2014). In  
56 polluted conditions, cloud droplet size and number concentration are more sensitive to  $w_b$  than  
57 aerosol concentration and size (Reutter et al., 2009). Moreover,  $w_b$  dictates lateral entrainment of  
58 cumulus that remains an unresolved bottleneck for climate modeling (Donner et al., 2016).

59 Despite its importance, current cumulus parameterization schemes rarely express  $w_b$   
60 explicitly (Donner et al., 2016). Most schemes parameterize the cloud-base mass flux ( $M_b$ ) without  
61 specifying the  $w_b$ . For example, Arakawa and Schubert (1974) determine the  $M_b$  by adjusting the  
62 cloud work function towards a value maintaining an equilibrium between the large-scale forcing  
63 and the convection. Krishnamurti et al. (1983) determine  $M_b$  under the assumption that convection  
64 must balance the column integrated vertical advection of moisture. Kain and Fritsch (1993) and  
65 Grell (1993) parameterize  $M_b$  by requesting the convection to remove the large-scale instability  
66 over the convective time scale.

67 The earliest effort that explicitly represents the  $w_b$  in  $M_b$  closure is Brown (1979) who  
68 approximates the  $w_b$  using the environmental vertical velocity from the surrounding nine points at  
69 lower tropospheric levels. This scheme is physically flawed by the fact that the air masses that  
70 initiate cumulus clouds are convective in nature. This issue is addressed by Neggers et al. (2009)  
71 and Fletcher and Bretherton (2010) (FB10) who argued that the  $w_b$  could be dictated by the sub-  
72 cloud turbulent intensity. FB10 used a set of cloud-resolving simulations to empirically derive the  
73 following formula to represent the  $w_b$ :

$$74 \quad w_b = 0.28 \times \text{TKE}_{\text{ML}}^{1/2} + 0.64, \quad (1)$$

75 in which the  $\text{TKE}_{\text{ML}}$  is the turbulent kinetic energy averaged horizontally and vertically in the sub-  
76 cloud mixed layer. FB10 shows that such a boundary-layer-based mass flux closure scheme  
77 outperforms several commonly used schemes for three cumulus cases.

78 Still lacking is observational evidence of the ability of  $\text{TKE}_{\text{ML}}$  to explain the  $w_b$ . As quoted  
79 by Donner et al. (2016): “... *parameterizations that do provide vertical velocities have been*

80 *subject to limited evaluation against what have until recently been scant observations.*” The only  
81 observational pursuit to evaluate the Eq. (1) is from Lareau et al. (2018) who analyzed Doppler  
82 lidar observations of ~1500 individual shallow cumulus (ShCu) over the Southern Great Plains  
83 (SGP), finding that sub-cloud vertical velocity variance (a proxy for  $\text{TKE}_{\text{ML}}$ ) explains only a few  
84 percent of the  $w_b$  variability. This led them to cast doubt upon the relationship. They argue that  
85 sub-cloud updrafts must work against negative buoyancy near the top of the mixed layer to  
86 generate  $w_b$ , and such a penetrative nature of the convection deteriorates their correlations.

87         Given the contrasting results, it is imperative to answer the question of whether or not sub-  
88 cloud turbulence explains the  $w_b$ . This is not only important for cumulus parameterizations but  
89 also crucial for advancing other pursuits in the field of cumulus dynamics. First, theoretical  
90 inquiries of cumulus dynamics often rely on the assumption of a tight coupling between the sub-  
91 cloud turbulence and  $w_b$ . For example, in one-dimensional bulk models of boundary layer clouds,  
92 a key variable is the Deardoff velocity scale,  $w^*$ , which dictates the sub-cloud turbulence intensity  
93 (Betts, 1973; Neggers et al., 2006; Stevens, 2006; Zheng, 2019). Linking the  $w^*$  with the  $w_b$  is the  
94 basis for several important coupling processes between the cloud and sub-cloud layers (Neggers  
95 et al., 2006; van Stratum et al., 2014; Zheng et al., 2020). Second, recently emerging new satellite  
96 remote sensing methodologies of retrieving  $w_b$  (Zheng and Rosenfeld, 2015; Zheng et al., 2015,  
97 2016) have offered great insights into the aerosol indirect effect and climate change (Rosenfeld et  
98 al., 2016; Seinfeld et al., 2016; Li et al., 2017; Grosvenor et al., 2018; Rosenfeld et al., 2019).  
99 These studies infer the  $w_b$  via quantifying the  $\text{TKE}_{\text{ML}}$  or its equivalents. Evaluating if the  $\text{TKE}_{\text{ML}}$   
100 explains the  $w_b$  is essential to evaluate the physical validity of these techniques.

101         To that end, this study examines the relationship between the  $w_b$  and sub-cloud turbulence  
102 for ShCu using DL observations over the SGP. We focus on  $w_b$  of ShCu ensembles, not single  
103 ShCu, because the former is more relevant to cumulus parameterization. We show that ensemble-  
104 averaged  $w_b$  and sub-cloud turbulence are highly correlated with statistical significance  
105 (correlation coefficient greater than 0.7). Evaluating the relationship on ensembles but not on  
106 individual ShCu might explain the disparities with the previous finding (Lareau et al., 2018). The  
107 next session discusses the difference between the ensemble-mean  $w_b$  and the  $w_b$  of single cumuli.  
108 It lays the foundation for developing the sampling strategy of ShCu ensembles. Section 3

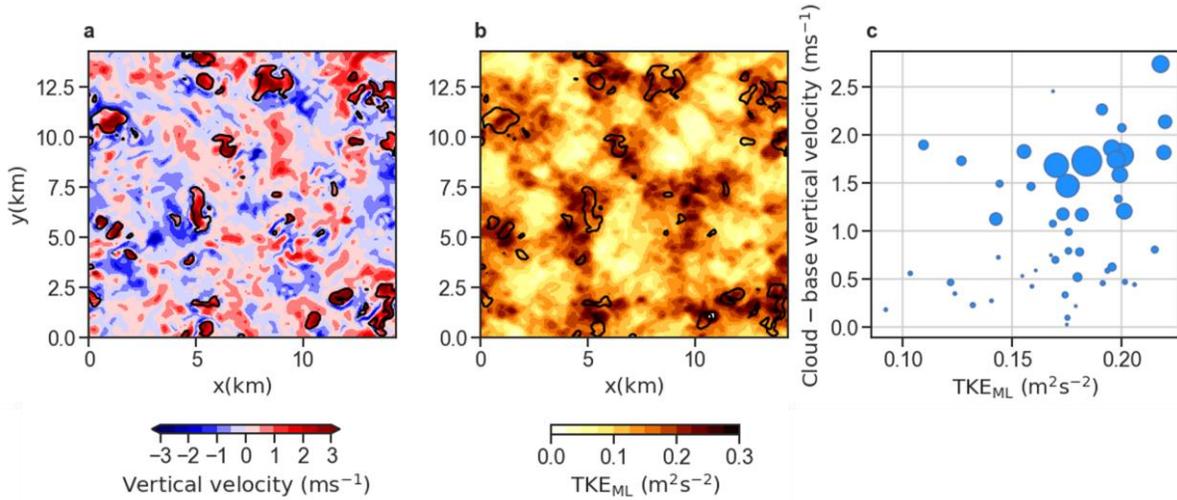
109 introduces the observational data and methodology. Section 4 shows the results, followed by a  
110 summary.

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## 112 2. $w_b$ of cumulus ensembles

113 Distinguishing between the ensemble and individual ShCu is necessary. The concept of  
114 cumulus ensemble is a fundamental building block for all cumulus parameterizations (Arakawa  
115 and Schubert, 1974). A cumulus ensemble on spatial scales of several tens of kilometers is  
116 composed of individual cumulus with a wide range of distributions in size and age. Since the  
117 individual cumulus clouds are at different stages of their lifetime, their physical properties differ  
118 considerably even if the surface and large-scale forcing are uniform.

119 The difference could be illustrated by Figure 1 showing a ShCu ensemble simulated by the  
120 Weather Research and Forecasting (WRF) in the Large-Eddy Simulation (LES) Atmospheric  
121 Radiation Measurements (ARM) Symbiotic Simulation and Observation (LASSO) project (Text  
122 S1). The surface fluxes and large-scale forcing are uniform over the  $14.4 \times 14.4$  km domain with  
123 a horizontal grid size of 100 m. The vertical velocity field at the cloud-base level shows a  
124 distinctive pattern with strong updrafts within clouds surrounding by shells of downdrafts (Fig.  
125 1a). We can see a rough correspondence between the vertical velocity field at the cloud-base level  
126 (Fig. 1a) and the  $TKE_{ML}$  (Fig. 1b): regions with larger  $TKE_{ML}$  typically have stronger updrafts  
127 near cloud bases. Such a correspondence, however, breaks down on the length scale of a single  
128 ShCu. For example, the vertical velocity field shows strong updrafts within individual clouds  
129 surrounding by shells of downdrafts whereas the  $TKE_{ML}$  variability across the cloud edges is  
130 considerably more uniform. This is not surprising since both updrafts and downdrafts contribute  
131 to the vertical mixing, jointly regulating the  $TKE_{ML}$ . As a result, their covariation on the length  
132 scale of individual ShCu tends to be noisy, which is confirmed by Figure 1c that compares the two  
133 quantities averaged over individual ShCu. The degree of scattering is likely to increase  
134 substantially when the synoptic and surface forcings are allowed to change.



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137 **Figure 1:** Examples of the different length scales of spatial variability of  $w_b$  and  $TKE_{ML}$   
 138 using WRF-simulated ShCu on 21 UTC, June 6, 2015. (a) Spatial distribution of vertical velocity  
 139 at the cloud-base level with maximum cloud coverage. Black contours mark the cloudy regions  
 140 with liquid water content greater than 0.01 g/m<sup>3</sup>. (b) The same scene but the color shading is the  
 141  $TKE_{ML}$ . (c) Scatter plot of cloud-base vertical velocity versus  $TKE_{ML}$ , with each point  
 142 representing mean over individual cumuli. The size of a point is proportional to the size of  
 143 cumuli. The data are obtained from the first phase of LASSO project. The  $TKE_{ML}$  is computed as

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$$0.5(u'^2 + v'^2 + w'^2) \text{ averaged below the cloud base.}$$

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146 Measuring the ensemble-mean  $w_b$  from a surface-based DL, however, is challenging. The  
 147 DL at a fixed location samples a line of cloud elements along the direction of horizontal winds. In  
 148 order to sample an adequate amount of individual cumuli to constitute an ensemble, the sampling  
 149 time window must be at least several hours. For example, for the wind speed of 5 m/s, a 2-hour  
 150 sampling window corresponds to a distance of  $\sim 36$  km, comparable to the spatial scale of a  
 151 continental ShCu ensemble. However, ShCu experiences distinctive diurnal variations over the  
 152 continent. Within the 2-hour sampling period, the ShCu ensemble may evolve, leading to sampling  
 153 uncertainties. Fortunately, a convective boundary layer often experiences a quasi-steady state  
 154 (Moeng, 1984; Lensky and Rosenfeld, 2006; Stull, 2012). In atmospheric science, whether a  
 dynamical system can be considered quasi-steady depends on the difference between the

155 characteristic time scale of the system and the time scale of external forcing. For a typical  
156 convective boundary layer over the continent, the surface forcing time scale is on the order of a  
157 few hours (defined as half of the period when the surface heat fluxes remain positive) whereas the  
158 time scale for shallow convective circulations is several tens of minutes (i.e. the convective time  
159 scale) (Fig. S1a). Such a time scale separation allows the mixed layer to remain in a quasi-steady  
160 state in which changes in turbulent properties are negligible compared with the turbulence  
161 production and dissipation terms (Stull, 2012). This quasi-steady assumption is particularly valid  
162 in the early afternoon when the surface fluxes reach their plateau and their time derivatives  
163 minimize (Fig. S1b). As such, focusing on early-afternoon ShCu can reduce the uncertainty of  
164 sampling due to temporal evolution.

165 In summary, to measure the  $w_b$  of ShCu ensembles from surface-mounted DL, the sampling  
166 window must be at least a few hours to sample enough amount of individual ShCu. Moreover, an  
167 ideal sampling period is the early afternoon when the boundary layer is close to stationarity.

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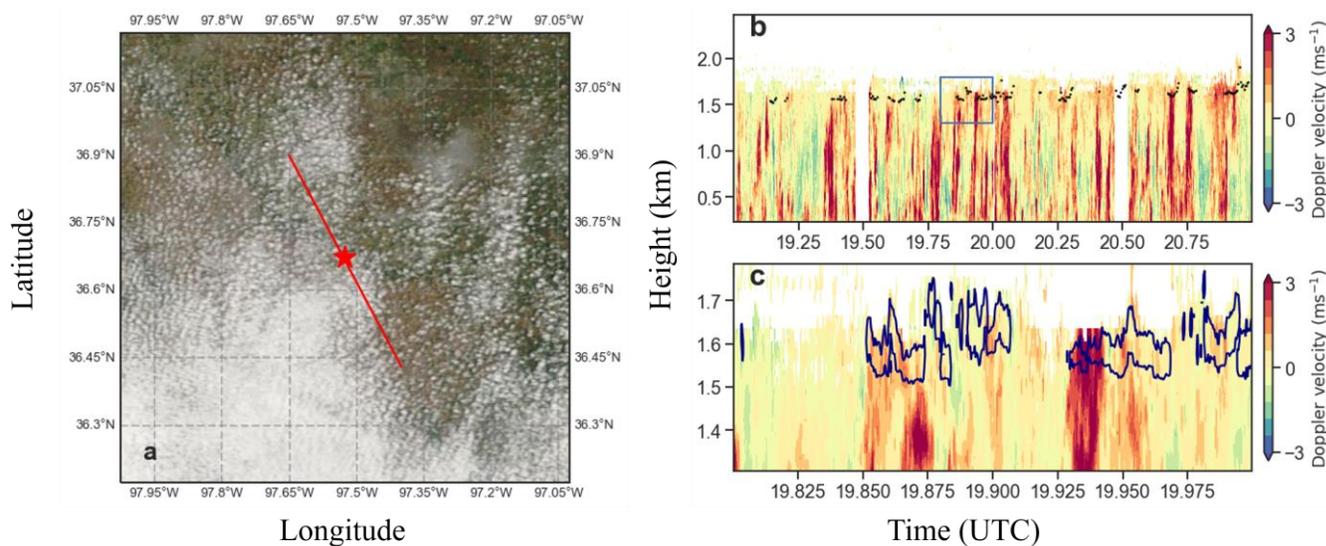
### 169 **3. Data and Methodology**

170 We use observations from the Department of Energy's Atmospheric Radiation  
171 Measurements (ARM) SGP observatory. The key instrument used in this study is the DL. The DL  
172 measures vertical velocity with  $\sim 1$  s temporal and 30 m vertical resolution. The transmitted  
173 wavelength is 1.5  $\mu\text{m}$ . In addition to DL, we also use data from radiosondes, a ceilometer, a Ka-  
174 band cloud radar (KAZR), and ARM instruments measuring surface meteorological variables  
175 routinely.

#### 176 **3.1. An example case**

177 To illustrate the sampling principle of ShCu ensembles, Figure 2a shows a MODIS satellite  
178 imagery of a ShCu field over the SGP at 20:30 UTC on June 10, 2012. The wind is southeasterly  
179 at a speed of  $\sim 9$  m/s, corresponding to a horizontal distance of  $\sim 70$  km over the two hours (the  
180 red solid line in Fig. 2a). One can see a few dozens of single cumuli drifting over the SGP site  
181 along the wind direction. Figure 2b shows a time-height plot of the DL from 19 to 21 UTC,  
182 corresponding to 13  $\sim$  15 local standard time (LST). Black dots mark the cloud-base heights ( $z_b$ )

183 measured by the ceilometer. To count how many individual cumuli are sampled during this period,  
 184 we use the DL reflectivity to identify single cumuli. Figure 2c shows the zoomed-in window near  
 185 cloud bases during the 19:48 ~ 20:00 UTC. The navy contours encompass pixels with DL  
 186 reflectivity greater than  $10^{-4.6} \text{ m}^{-1} \text{ sr}^{-1}$ , a threshold that defines cloudy pixels (Lareau et al., 2018).  
 187 Based on the reflectivity threshold, a total of 84 individual clouds are identified during the 2-h  
 188 period. The majority of them have a duration shorter than 4 s, which seems too short to constitute  
 189 a single cloud. Thus, we conglomerate clouds with gaps  $< 20$  s, reducing the cloud population to 29,  
 190 with 12 of them lasting longer than 30 s.



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192 **Figure 2:** An example case of the shallow cumulus field on Jun 10, 2012, over the SGP.

193 (a) MODIS image centered on the SGP site (red star) at ~20:30 UTC. The red solid line  
 194 marks the rough direction and travel distance of the mean horizontal wind during the 19 ~  
 195 21 UTC. (b) Height-time plot of Doppler lidar image of vertical velocity during a two-  
 196 hour window from 19 to 21 UTC. The black dots mark the cloud-base heights measured  
 197 by a ceilometer. The blue rectangle marks a smaller window shown in the (c). Navy  
 198 contours mark the cloudy regions defined as groups of pixels with reflectivity greater  
 199 than  $10^{-4.6} \text{ m}^{-1} \text{ sr}^{-1}$ .

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### 202 3.2. Computing the $w_b$

203 We select “cloud-base” DL pixels through two steps. First, to exclude the decoupled cloud  
204 elements and elevated cloud sides, pixels with cloud bases higher than 30% of lifting condensation  
205 level (LCL) are removed. Second, for the remaining coupled clouds, we select pixels within three  
206 gates below the cloud base ( $\sim 100$  m) and cloudy pixels above the cloud base. These pixels are  
207 defined as “cloud-base” pixels. Because of the strong signal attenuation, the DL only penetrates  $<$   
208 100 m into the clouds. Therefore, the cloudy pixels are mostly concentrated near several tens of  
209 meters above the cloud base. Figure S2 shows a comparison of the vertical velocity probability  
210 density function (PDF) between the two sub-groups of “cloud-base” pixels. Their PDF  
211 distributions are overall similar, suggesting that it is tenable to combine them as “cloud-base”  
212 pixels.

213 To compute the ensemble-mean  $w_b$ , we average the selected vertical velocities in two ways.  
214 The first is to simply average the vertical velocities above a threshold:  $\bar{w} = \sum N_i w_i / \sum N_i$ , in which  
215 the  $N_i$  represents the frequency of occurrence of positive vertical velocity  $w_i$  that is greater than a  
216 critical value ( $w_{crit}$ ). This is the common way for cloud-base mass fluxes study. The second way  
217 of averaging is weighted by volume:  $\bar{w}^{vol} = \sum N_i w_i^2 / \sum N_i w_i$ . The volume-averaged updraft speed  
218 has been considered as more relevant to the understanding of aerosol cloud-mediated effects  
219 because it gives more weight to the larger vertical velocities that generate clouds with greater  
220 volume (Rosenfeld et al., 2014; Zheng et al., 2015; Rosenfeld et al., 2016).

### 221 3.3. Other quantities

222 Ideally, the  $\text{TKE}_{\text{ML}}$  should be computed as  $0.5(u'^2 + v'^2 + w'^2)$  averaged below the cloud  
223 base. However, the DL can only measure the vertical component,  $0.5w'^2$ , denoted as  $\text{TKE}_{\text{ML}}^w$ . In  
224 this study, we use the  $\text{TKE}_{\text{ML}}^w$  to approximate the  $\text{TKE}_{\text{ML}}$ , motivated by the fact that  $\text{TKE}_{\text{ML}}^w$   
225 dominates the  $\text{TKE}_{\text{ML}}$  in typical convective boundary layers (Stull, 2012). The potential  
226 contributions from horizontal components of  $\text{TKE}_{\text{ML}}$  will be taken into account in our analyses in  
227 section 3.

228 We used the surface-measured temperature and moisture to compute the LCL using the exact  
229 analytical formula of Romps (2014). As described in the example case, we used the threshold of

230 DL reflectivity to identify single cumuli. To compute the chord length of individual cumuli, we  
231 used the DL product of horizontal wind speed near cloud-base, which is derived from a velocity  
232 azimuth display algorithm (Teschke and Lehmann, 2017). The multiplication of cloud-base  
233 horizontal wind speed and cloud duration yields the cloud chord length.

### 234 3.4. Case selection

235 A total of 128 ShCu days were selected between 2011 ~ 2014. The selection criterion is in  
236 principle similar to previous studies (Zhang and Klein, 2013; Lareau et al., 2018), which involves  
237 both objective and subjective criteria. The objective criteria include three steps: (1) the cloud-base  
238 height (defined as the mean of the lowest quartile within the 2-h period) has to be within 30% of  
239 LCL to ensure coupling, (2) the KAZR reflectivity cannot exceed 0 dBZ between the surface and  
240 cloud base to ensure no considerable precipitation, and (3) the cloud duration cannot exceed 30  
241 min to exclude stratiform clouds. Besides, we examine KAZR imageries to ensure ShCu-like  
242 characteristics. This is the best we can do since a completely objective method for selecting ShCu  
243 remains missing, although the emerging new technique of machine learning is promising to  
244 address this issue in the near future (Rasp et al., 2019).

245 Based on these criteria, we obtain 32 ShCu days per year, similar to the 28 ShCu days per  
246 year in Zhang and Klein (2013) and Lareau et al. (2018), suggesting that there is no marked  
247 sampling difference between this study and previous ones. Fig S3 shows the statistics of these  
248 selected ShCu ensembles. On average, each ensemble is composed of ~ 20 individual ShCu, with  
249 half lasting longer than 30 secs. The majority of the ensembles have the maximum cloud chord  
250 length shorter than 5 km, consistent with prior knowledge.

251

## 252 4. Results

### 253 4.1. Sub-cloud turbulence explains cloud-base updrafts

254 Figure 3 shows the scatter plots of  $\overline{w_b}$  (a) and  $\overline{w_b^{vol}}$  (b) versus  $(TKE^w_M)^{1/2}$  for different  $w_{crit}$ .  
255 Overall, the  $(TKE^w_M)^{1/2}$  is a good predictor of cloud-base updrafts, explaining ~ 50% of their  
256 variabilities. Note that the degree of scattering is still noticeable, but given the instrument error of  
257 the DL (~ 0.1 m/s) and potential sampling errors due to the assumption of stationarity, such degrees

258 of correlation are good enough for demonstrating the physical validness. To our knowledge, this  
259 is the first observational evidence supporting the ability of the sub-cloud turbulence to dictate  
260 cloud-base updrafts that was only found in high-resolution models (Grant and Brown, 1999;  
261 Fletcher and Bretherton, 2010; van Stratum et al., 2014). Such good correlations suggest a  
262 continuity of vertical momentum between the sub-cloud layer and cloud base, despite the in-  
263 between weakly stable layer (i.e. cloud-base transition layer) (Neggers et al., 2007; Stevens, 2007).  
264 Indeed, the stability of the transition layer interacts with the convective circulation, a manifestation  
265 of the dynamical coupling between the sub-cloud and cloud layers, to reach an equilibrium that  
266 maintains the mass conservation (Neggers et al., 2006; Fletcher and Bretherton, 2010). In this  
267 regard, the transition layer property should not be considered an external forcing that alters the  
268 coupling between the sub-cloud and cloud-base dynamics, but an internal parameter that responds  
269 to the circulation.

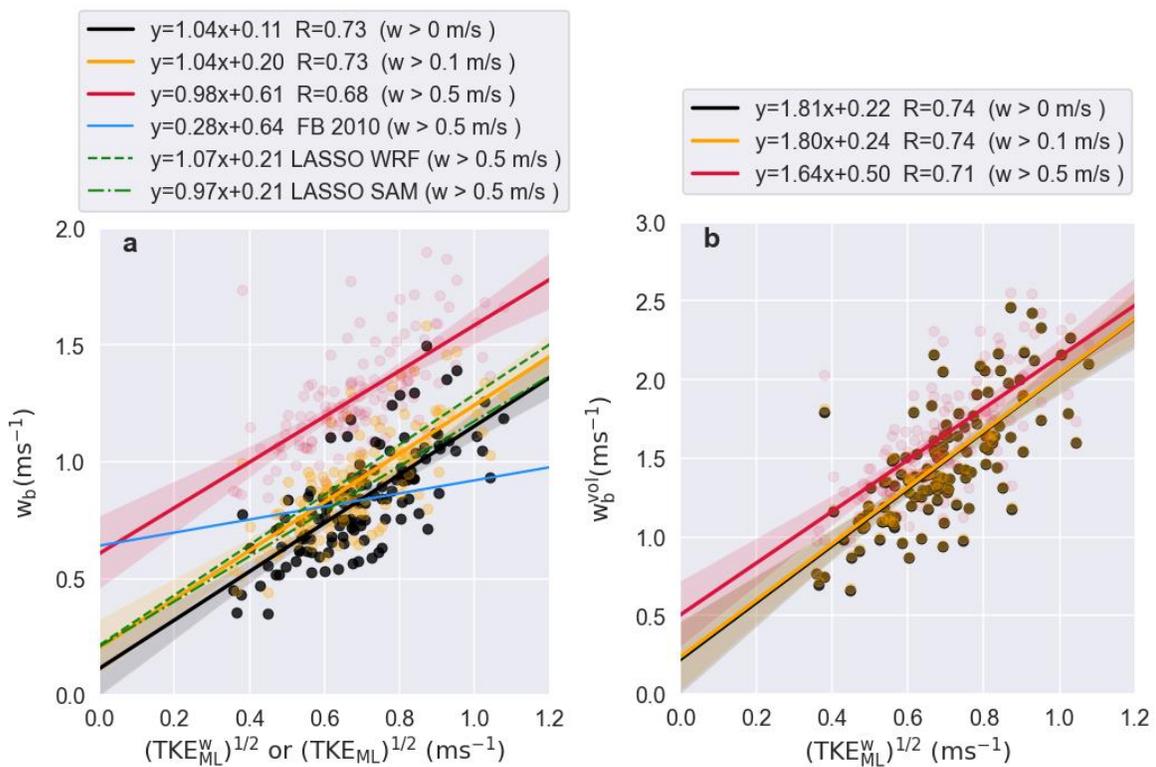
270 Both  $\overline{w_b}$  and  $\overline{w_b^{vol}}$  increase with the  $w_{crit}$ , but the  $\overline{w_b^{vol}}$  shows much weaker sensitivity  
271 primarily because the  $\overline{w_b^{vol}}$  gives more weight to the larger vertical velocities. The intercepts also  
272 increase with  $w_{crit}$ , which is an artificial consequence of using non-zero  $w_{crit}$ . Physically speaking,  
273 a zero  $\text{TKE}_M^w$  should lead to zero cloud-base updraft speed. Therefore, we will focus our  
274 subsequent discussions on the slopes that bear more physical meaning than intercepts.

275 To compare our results with that from FB10, we visualize the Eq. (1) in Figure 3a (light blue  
276 curve). FB10 uses the  $w_{crit}$  of 0.5 m/s. Our empirical estimate (the red line) shows a stronger  
277 sensitivity of  $\overline{w_b}$  to the sub-cloud turbulence than FB10 by more than a factor of 3. What causes  
278 the difference? One possible reason is that we used the  $\text{TKE}_M^w$  that does not include the horizontal  
279 components of the TKE, leading to smaller values of TKE and, thus, a steeper slope. Another more  
280 likely reason is that the horizontal resolutions of the model used by FB10 are too coarse (1 km) to  
281 accurately simulate the vertical velocities. For instance, modeled vertical velocities decrease with  
282 the model resolution by a power law of  $-2/3$  (Rauscher et al., 2016; Donner et al., 2016). The  
283 underestimated  $\overline{w_b}$  due to low resolution may flatten the slope of  $\overline{w_b}$  versus  $(\text{TKE}_{ML})^{1/2}$  in FB10.

284 To understand which factor is responsible, we use the LES data of 18 ShCu days from the  
285 LASSO project (Text S1). The LASSO horizontal resolution is 100 m, 10 times finer than that  
286 used in FB10. With the model output of three-dimensional winds, we are able to diagnose the full

287 components of  $TKE_{ML}$  so that we can conduct an “apple-to-apple” comparison between the  
 288 LASSO and FB10. As shown by the green lines in Fig. 3a, LASSO models (WRF and System for  
 289 Atmospheric Modeling, SAM) show slopes steeper than the FB10 by more than a factor of 3 (see  
 290 Fig. S4 for their scatter plots with statistical details). This confirms that the flatter slope of FB10  
 291 is likely caused by the coarse model resolution. The comparison between the LASSO and DL,  
 292 which is not the focus of this study, is discussed in the supplementary material (Text S2).

293 We have tabulated the empirical formulas for  $\overline{w_b}$  and  $\overline{w_b^{vol}}$  for different  $w_{crit}$  (Table S1) so  
 294 that readers can use what suits their research interests.



295  
 296 **Figure 3:** Scatter plots of  $\overline{w_b}$  (a) and  $\overline{w_b^{vol}}$  (b) versus  $(TKE_{ML}^{w_M})^{1/2}$  for  $w_{crit} = 0, 0.1, \text{ and } 0.5$  m/s. Each  
 297 point represents a ShCu ensemble mean. The blue solid line marks the Eq. (1), the empirical  
 298 formula developed in Fletcher and Bretherton (2010).

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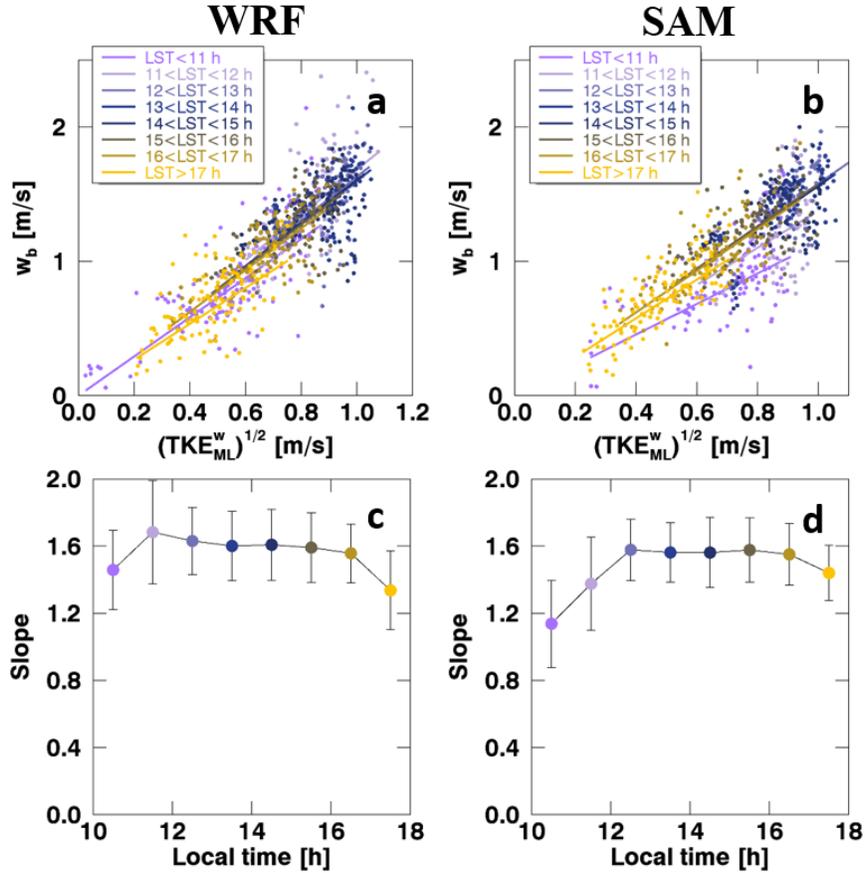
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## 302 4.2. Diurnal dependence

303         Given that all cases are in the early afternoon, one may ask how the observed relationship is  
304 representative of the other times of a diurnal cycle. To address this question, we use the LAASO  
305 data to examine its diurnal dependence. We chose the  $w_{crit} = 0$  m/s for determining the  $\overline{w_b}$  because,  
306 as noted above, using an ad-hoc  $w_{crit}$ , say 0.5 m/s, leads to a markedly positive  $\overline{w_b}$  for zero  
307  $(TKE_M^w)^{1/2}$ . By using  $w_{crit} = 0$  m/s, we can force the best-fit line through the origin through the  
308 least-square algorithm, freeing us from the unphysical meaning of positive intercepts. Figure 4a  
309 and b show the scatterplots of the  $\overline{w_b}$  versus  $(TKE_M^w)^{1/2}$  in different local times simulated by WRF  
310 and SAM, respectively. Both models show notably significant correlations between the two  
311 quantities in different phases of a diurnal cycle, confirming the ability of  $(TKE_M^w)^{1/2}$  to explain the  
312 variability of  $\overline{w_b}$ . More importantly, the slope of the relationship varies little with local time,  
313 except in the early morning and late afternoon (Fig. 4c and d). In the early morning, the stronger  
314 capping inversion weakens the speeds of rising thermals when they penetrating into the inversion,  
315 leading to smaller  $\overline{w_b}$  for given sub-cloud turbulence (Fig. S1c). Such a stabilization effect  
316 becomes less influential as the convection kicks up, which lessens the inversion strength. In the  
317 late afternoon, as the solar insolation weakens, the surface fluxes decrease considerably whereas  
318 the boundary layer remains deep (Fig. S1d). This leads to a decoupling between the ShCu and the  
319 surface (Stull, 2012), which may explain the flatter slope between  $\overline{w_b}$  and  $(TKE_M^w)^{1/2}$  in the late  
320 afternoon.

321         In summary, the diurnal dependence of the coupling between the  $w_b$  and sub-cloud turbulence  
322 is small, except in the early morning and late afternoon when the strong capping inversion and  
323 cloud-surface decoupling may lead to flatter slopes, respectively.



324

325 **Figure 4:** Scatterplots of  $\overline{w_b}$  ( $w_{crit} = 0$  m/s) versus the  $(TKE_{ML}^w)^{1/2}$  grouped by the local  
 326 standard time, simulated by WRF (a) and SAM (b). Each group of points corresponds to a best-  
 327 fit linear regression line forced through zero. The slopes of the best-fit lines are plotted in (c) and  
 328 (d) for WRF and SAM, respectively.

## 329 5. Conclusion

330 This study examines the relationship between the sub-cloud turbulence and cloud base  
 331 updrafts using Doppler lidar (DL) observations of 128 shallow cumulus (ShCu) ensembles over  
 332 the Southern Great Plains. We proposed a new DL sampling method that allows measuring the  
 333 cloud-base updrafts for an ensemble, instead of individual, ShCu. Specifically, we take advantage  
 334 of the stationarity and ergodicity of ShCu-topped boundary layers in the early afternoon when the  
 335 temporal change in the surface forcing is minimum. For each ShCu case, we selected a 2-hour  
 336 window of DL that includes an average amount of  $\sim 20$  individual cumuli with varying sizes,  
 337 constituting an ensemble. This allows us to compute the ensemble-averaged quantities from DL

338 measurements made at a fixed point. By analyzing the 128 ShCu ensembles, we found that the  
339 vertical velocity variance explains ~ 50% variability of ensemble-mean cloud-base updrafts, thus  
340 supporting the widely-held hypothesis and practice of using the sub-cloud turbulent kinetic energy  
341 to parameterize the cloud-base updrafts in some state-of-the-art mass flux closure schemes of  
342 convection parameterization (Bretherton et al., 2004; Neggers et al., 2009; Fletcher and Bretherton,  
343 2010). To our knowledge, this is the first observational evidence that demonstrates the ability of  
344 sub-cloud turbulence intensity to dictate the cloud-base updrafts.

345 With the observational data, we derived empirical relationships between the square-root of  
346 sub-cloud turbulent kinetic energy and ensemble-mean cloud-base updraft speeds that are  
347 computed for different thresholds of vertical velocity and by different averaging schemes.  
348 Although all the 128 cases were sampled in the early afternoon, the diurnal variation of the  
349 relationship is weak (except in the early morning and late afternoon), as shown by the LES  
350 simulations of 18 ShCu cases over the SGP. These empirical formulas are useful for the  
351 developments of cumulus parameterizations, theoretical studies of ShCu dynamics, and satellite-  
352 based inference of cloud-base updrafts.

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