

1 **The Formation of Subtropical Phytoplankton Blooms Is Dictated by Water Column**  
2 **Stability During Winter and Spring in the Oligotrophic Northwestern North Pacific**

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11 **Key Points:**

- 12 • Episodic blooms occurred in warmer water in winter and in cooler water in late spring.
- 13 • The blooms were mesoscale or submesoscale and were governed by water column
- 14 stability.
- 15 • The behavior of wintertime mixed-layer depth dictates the magnitude of blooms and the
- 16 timing of bloom onset and demise.

17

18 **Abstract** Subtropical phytoplankton blooms were observed in winter and late spring (rather than  
19 in early spring, as is typical) via shipboard observations in an area south of the Kuroshio  
20 Extension in the northwestern North Pacific subtropical gyre. Satellite-based observations  
21 revealed that these submesoscale blooms occurred in warmer water masses in winter and in  
22 cooler water masses in late spring. The fact that winter blooms occurred in warmer areas  
23 suggests that they depend on water column stratification caused by solar heating. In contrast, the  
24 fact that the late-spring blooms occurred in cooler areas suggests a breakdown of stratification  
25 due to a recurrence of convective mixing. Mesoscale blooms occurred at intermediate water  
26 temperatures in early spring, suggesting a repeating sequence of stratification and mixing during  
27 this period. Wintertime deep convective mixing in the northwestern North Pacific subtropical  
28 gyre creates Subtropical Mode Water. The behavior of the wintertime mixed-layer depth, which  
29 determines the thickness of Subtropical Mode Water, also dictates the characteristics of  
30 subtropical blooms such as their magnitude and the timing of onset and demise. Based on in situ  
31 observations and a model analysis, we conclude that deeper winter mixing, which increases  
32 nutrient concentrations, will intensify early-spring blooms and facilitate the formation of  
33 episodic blooms in winter and late spring. On the other hand, shallower winter mixing should  
34 increase stratification and thus facilitate the formation of smaller blooms, even in winter.

35 **Plain Language Summary** In the subtropical northwestern North Pacific, nutrients brought into  
36 shallow water by winter mixing were observed to fuel local increases in phytoplankton from  
37 winter to late spring. Surprisingly, these increases in phytoplankton occurred in warm waters in  
38 winter and in cold waters in late spring. Large increases in phytoplankton require ample supplies  
39 of both light and nutrients. Our data suggests that phytoplankton increased in winter in waters  
40 that were warmed by solar heating after the cessation of vertical mixing and in late spring in  
41 waters that were cooled by the recurrence of vertical mixing. Wintertime mixed-layer depth  
42 fluctuates from year to year. Based on field observations and a model analysis, we suggest that  
43 the timing and magnitude of phytoplankton increases vary with the depth of the wintertime  
44 mixed layer, which in turn affects year-to-year variability of carbon export in this region.

## 45 **1 Introduction**

46 The North Pacific subtropical gyre (NPSG) has often been referred to as an “ocean desert”  
47 because of its low chlorophyll *a* (chl-*a*) concentration, which is caused by its stable water

48 column structure and nutrient limitation in the euphotic zone. Most biogeochemical studies of  
49 this region have been conducted in the central North Pacific as part of the U.S. Joint Global  
50 Ocean Flux Study that began in the late 1980s (Karl & Lukas, 1996). In the central NPSG,  
51 surface chl-*a* concentrations are low throughout the year, averaging less than  $0.1 \text{ mg m}^{-3}$ , but  
52 vary seasonally with a peak in winter and ebb in summer (Chavez et al., 2011). Interestingly,  
53 however, phytoplankton blooms (hereinafter referred to as “blooms”) do occur in summer in this  
54 region. The processes underlying these blooms include nitrogen fixation, eddy interactions,  
55 internal waves, and mixing at the subtropical front (Chow et al., 2017, 2019). Outside of the  
56 central North Pacific, the K2S1 project was established in the northwestern North Pacific to  
57 compare the biogeochemistry of subarctic and subtropical waters during 2010 and 2011 (Honda  
58 et al., 2017). This project involved the creation of a subtropical station in the south of the  
59 Kuroshio Extension in the northwestern NPSG (S1:  $145^\circ\text{E}$ ,  $30^\circ\text{N}$ ). To understand the underlying  
60 mechanisms and causes of the seasonality of biogeochemical cycles, intensive shipboard  
61 observations were carried out at S1 in each season during the years 2010 and 2011 (Honda et al.,  
62 2017).

63 In the central NPSG, nitrate concentrations in the surface mixed layer are typically less than  $0.01$   
64  $\mu\text{mol kg}^{-1}$  throughout the year, as winter mixing generally does not extend beyond a depth of  
65  $125 \text{ m}$  (Karl et al., 2001). In contrast, the northwestern NPSG is the site of deep wintertime  
66 convective mixing, which occasionally extends to a depth of about  $200\text{--}300 \text{ m}$  (Suga & Hanawa,  
67 1990). The homogeneous water mass beneath the thermocline (i.e., after stratification) in the  
68 North Pacific is known as Subtropical Mode Water (STMW). The STMW is carried away from  
69 its area of formation by lateral advection (Bingham, 1992), and often serves as a nutrient pool in  
70 the oligotrophic subtropical ocean because deep convective mixing causes STMW to become  
71 enriched in nutrients (Sukigara et al., 2011). Although wintertime nitrate concentrations in the  
72 surface mixed layer at S1 are about  $1 \mu\text{mol kg}^{-1}$  (Wakita et al., 2016), nitrate is definitely among  
73 the principal factors that limit annual phytoplankton growth; surface nitrate remains depleted in  
74 this area in all seasons except winter, and the integral of primary production increases  
75 significantly as the nitracline shoals (Matsumoto et al., 2016). This situation is rather similar to  
76 that in the subtropical North Atlantic where STMW is formed by deep winter mixing. The  
77 occurrence of spring blooms has been reported in this region during field studies conducted as  
78 part of the U.S. Joint Global Ocean Flux Study since the late 1980s (Michaels & Knap, 1996).

79 Phytoplankton blooms, which are major events during the spring in the world's temperate,  
80 eutrophic oceans, are generally considered to be caused by an increase of irradiance in a nutrient-  
81 replete water column when the surface mixed layer becomes shallower than the critical depth in  
82 the spring according to Sverdrup's (1953) classical critical depth hypothesis. Although a variety  
83 of mechanisms that differ with respect to the details of the onset process were later proposed to  
84 explain the spring phytoplankton bloom (Behrenfeld et al., 2013; Chiswell, 2011; Taylor &  
85 Ferrari, 2011; Zarubin et al., 2017), there is no doubt that deepening of the winter mixed layer  
86 keeps the concentration of the phytoplankton population low, and spring stratification allows the  
87 phytoplankton to accumulate in the surface layer. If a bloom is defined as a large accumulation  
88 of phytoplankton near the surface (which can be more easily detected by satellites and can reach  
89 higher rates of primary production by taking advantage of the stronger surface irradiance) rather  
90 than an increase of phytoplankton biomass throughout the water column, the stratification that  
91 follows vertical mixing can trigger a spring bloom. As mentioned above, summer blooms have  
92 been reported in the central NPSG, but it has been reported that spring blooms usually do not  
93 occur there because winter mixing does not penetrate into the nutricline (Dore et al., 2008).  
94 However, even in the oligotrophic subtropical waters of the North Atlantic, spring blooms have  
95 often been reported because convective mixing in the winter is deep enough to penetrate the  
96 thermocline (Steinberg et al., 2001; Zarubin et al., 2017). At S1, the peak in the seasonal cycle of  
97 chl-*a* concentrations is thought to occur in March and April, as inferred from a 16-year  
98 timeseries of ocean-color observations (Siswanto et al., 2015). The implication is that a bloom  
99 typically occurs in early spring in the northwestern NPSG.

100 In contrast to the ocean-color observations, however, shipboard observations at S1 have shown a  
101 dramatic subtropical bloom during February (Fujiki et al., 2016; Matsumoto et al., 2016).  
102 Matsumoto et al. (2016) reported that primary production was highest in February, when it was  
103 more than twice the annual average, despite the fact that the depth of winter mixing exceeded the  
104 critical depth at the latitude of S1 (Siswanto et al., 2015). Shipboard observations also revealed a  
105 bloom at the end of April in the same year that we will discuss later, although nitrate was already  
106 depleted within the surface mixed layer at the time (Matsumoto et al., 2016). These observations  
107 seem inconsistent with the mechanisms proposed to explain the onset of the spring bloom.

108 Shiozaki et al. (2014) demonstrated that factors determining spring bloom onset varied with  
109 critical depth (Sverdrup, 1953) or the weakening of turbulence (Taylor & Ferrari, 2011) among

110 subregions such as the Oyashio and Kuroshio region, the STMW region, and its transition region  
111 in the northwestern North Pacific. However, they point out that these factors cannot necessarily  
112 explain the timing of bloom onset in the STMW region. In this region, the process of bloom  
113 formation is thought to be more complex, as it is observed in winter and late spring. The settling  
114 of particles at S1 increases significantly from winter to spring (Honda, 2020). It is clear that the  
115 formation of blooms during winter and spring has an impact on carbon fluxes. What factors  
116 determine the timing of bloom onset, and how does the magnitude of blooms change? Our  
117 primary goal in conducting this study was to answer these questions, and thereby to enhance our  
118 knowledge of carbon export in the northwestern NPSG.

## 119 **2 Materials and Methods**

### 120 **2.1 Shipboard sampling and data acquisition**

121 Shipboard observations were conducted from winter to spring at S1 (145°E, 30°N) during 2010  
122 and 2011 as part of the K2S1 Project (Honda et al., 2017). The schedule of each shipboard  
123 observation conducted at S1 was as follows: MR10-01, 30 January 2010–10 February 2010;  
124 MR11-02, 13 February 2011–18 February 2011; MR11-03, 28 April 2011–30 April 2011. The  
125 study site is situated in the northwestern NPSG, south of the Kuroshio Extension (Figure 1a), at a  
126 place where the convective mixing that develops in winter is part of the process of STMW  
127 formation. The latitude of S1 is near the boundary where the vertical extent of the STMW  
128 increases northward and decreases sharply southward to 28°N (Suga & Hanawa, 1990) (Figure  
129 1b). All of our observations are based on water samples that were collected with Niskin-X bottles  
130 suspended from a conductivity–temperature–depth (CTD) profiler system, except for surface  
131 samples, which were collected with a plastic bucket. The CTD casts were carried out several  
132 times during each cruise within a 50-km radius of S1. Nutrient analyses were performed on  
133 board using a continuous segmented flow analyzer (QuAAtro 2-HR, BL TEC K.K., Tokyo,  
134 Japan) with a detection limit of 0.03  $\mu\text{mol kg}^{-1}$  for nitrate (Wakita et al., 2016). Chl-*a*  
135 concentrations were measured using a fluorometer (model 10-AU, Turner Designs, Inc., San  
136 Jose, USA) with the conventional acidification method of Holm-Hansen et al. (1965). Particles in  
137 0.5-L water samples were filtered onto a GF/F filter, and chl-*a* was immediately extracted in  
138 N,N-dimethylformamide in darkness at  $-20\text{ }^{\circ}\text{C}$  for 24 h (Suzuki & Ishimaru 1990).

139 Two types of mixed layer depths (MLDs) were calculated by applying the criterion that the  
140 density was either  $0.03 \text{ kg m}^{-3}$  or  $0.125 \text{ kg m}^{-3}$  greater than the density at the shallowest depth  
141 that could be effectively sampled with the CTD profiler (de Boyer Montégut et al., 2004). The  
142 typical MLD calculated with a  $0.125 \text{ kg m}^{-3}$  criterion gives the top of the seasonal pycnocline,  
143 but the depth of the actively turbulent layer is given by a smaller density criterion (Franks, 2015).  
144 Chiswell (2011) used a  $0.025 \text{ kg m}^{-3}$  criterion to represent the depth of the actively turbulent  
145 layer, but we chose a  $0.03 \text{ kg m}^{-3}$  density difference as a practical criterion because a smaller  
146 density step was too sensitive to noise. The estimated horizontal distribution of the  
147 climatological MLDs around S1 and the seasonal variations of MLDs at the site were obtained  
148 from the MIXed Layer dataset of Argo, Grid Point Value (MILA GPV). The MILA GPV dataset  
149 was incorporated into a  $2^\circ \times 2^\circ$  grid by using quality-controlled Argo 10-d profiles. Values were  
150 calculated by using the median at each grid cell, but averaged if the number of datapoints within  
151 the grid cell was less than four (Hosoda et al., 2010). In this study, we used data within a  $2^\circ \times 2^\circ$   
152 grid centered at S1 that was gridded from averaged values from 2001 to 2010 for the  
153 climatological MLDs, though each year's data were averaged from  $4^\circ \times 4^\circ$  gridded data. The  
154 MLDs were represented by using the 10-d data and monthly averages.

## 155 **2.2 Satellite-based observations**

156 Daily and monthly composites of chl-*a* concentrations, photosynthetically available radiation  
157 (PAR), and sea surface temperature (SST) data were retrieved from Moderate Resolution  
158 Imaging Spectroradiometer-Aqua (MODIS) satellite during 2002–2016 as spatial means within a  
159 box of dimensions  $100 \text{ km} \times 100 \text{ km}$  centered at S1. The spatial resolution of the data was 9 km  
160 for PAR and SST, but 4 km for chl-*a*. For the years 2002, 2003, 2010, and 2011, the daily  
161 composites of chl-*a* for January through May were retrieved separately, but for 2002, the 9-km  
162 resolution data from the Sea-viewing Wide Field-of-Sensor (SeaWiFS) were used. The average  
163 availabilities of the daily pixel data that could be retrieved from within the  $100\text{-km}^2$  box between  
164 January and May were 21% in 2010 (the lowest year) and 32% in 2011 (the highest year).  
165 Therefore, in addition to spatial means, the maxima within the box were used to detect patchy  
166 blooms. Furthermore, daily composites of chl-*a* concentrations and SSTs with a higher 1-km  
167 spatial resolution were acquired more widely within a  $2^\circ \times 2^\circ$  grid centered at S1 so that  
168 submesoscale ( $\sim 10 \text{ km}$ ) and mesoscale ( $\sim 100 \text{ km}$ ) phenomena could be detected when skies were

169 clear in 2010 and 2011. The patchy distributions of subtropical blooms could be detected from  
170 the 1-km spatial resolution images. The climatology of monthly critical depths at S1 were  
171 estimated from the satellite-based observations (Siswanto et al., 2015). The critical depth is  
172 defined as the depth at which bulk phytoplankton growth rate balances the bulk loss rate  
173 (Sverdrup, 1953). Briefly, the critical depth was expressed by using the following simplified  
174 equation (Parsons et al., 1984):

$$175 \quad CD = 0.5 \cdot PAR / K_d PAR \cdot I_c$$

176 where  $K_d PAR$  ( $m^{-1}$ ) is the attenuation coefficient of PAR and  $I_c$  ( $mol\ quanta\ m^{-2}\ d^{-1}$ ) is PAR at  
177 the compensation depth.  $K_d PAR$  was calculated from  $K_d 490$  data which is the attenuation  
178 coefficient at 490 nm (Morel et al., 2007). In this study, we used a constant  $I_c$  of 1.14 (Shiozaki  
179 et al., 2014). The weighting factor of 0.5 was used to reduce PAR due to absorption in water  
180 (Parsons et al., 1984).

### 181 **2.3 Applied model to evaluate the vertical profile of nitrate and phytoplankton biomass**

182 The daily mean output (during 2002–2003) from a coupled three-dimensional, physical-  
183 biological model of the North Pacific was used to analyze vertical profiles of nitrate and  
184 phytoplankton biomass in the upper 300 m of the water column between January and May at S1.  
185 The model produced realistic topographies of simulated mesoscale and submesoscale oceanic  
186 structures. We used the Ocean general circulation model For the Earth Simulator (OFES)  
187 including sea ice (Komori et al., 2005; Masumoto et al., 2004) coupled to a simple nitrogen-  
188 based, four-component (nitrate–phytoplankton–zooplankton–detritus [NPZD]) pelagic model  
189 (Oschlies, 2001). The OFES domain extended from 20°S in the South Pacific to 66°N in the  
190 North Pacific and from 100°E to 70°W. The horizontal resolution was  $1/30^\circ$  (approximately 3  
191 km), and there were 100 vertical levels that ranged in thickness from 5 m at the surface to 260 m  
192 at a maximum depth of 6000 m. The  $1/30^\circ$  OFES simulation is capable of partially resolving  
193 submesoscale phenomena, especially at mid- to low latitudes (Qiu et al., 2014; Sasaki et al.,  
194 2014). Atmospheric forcing of the simulation was taken from a six-hourly Japanese 25-year  
195 reanalysis with  $1^\circ$  resolution (Onogi et al., 2007). The evolution of biological tracers in the  
196 OFES was governed by advection–diffusion equations with source and sink terms (ecosystem  
197 dynamics). Details of the biological model are described elsewhere (Sasai et al., 2006; Sasai et  
198 al., 2010).

199 The simulation was performed for 2002–2003 to understand how the processes of bloom  
200 formation (in terms of timing, demise, and magnitude) respond to the intensity of winter mixing.  
201 Our simulation period featured the highest variability of wintertime MLDs in the past 20 years,  
202 and the trend was similar to the trend during the period of shipboard observations in 2010 and  
203 2011 (see section 4.2 in the discussion). In addition, we evaluated whether the simulation results  
204 were consistent with our interpretation of shipboard observations; namely, our understanding of  
205 the impact of oceanic conditions on subtropical blooms.

### 206 **3 Results**

#### 207 **3.1 Seasonal variations of insolation, SST, and concentrations of nitrate and chl-*a* at the** 208 **surface**

209 Insolation was highest in July and lowest in December. During these months, the monthly  
210 average PAR at S1 was  $>50$  and  $<20$  mol quanta  $\text{m}^{-2} \text{d}^{-1}$ , respectively (Figure 2a). It reached 27  
211 mol quanta  $\text{m}^{-2} \text{d}^{-1}$  in February and increased further to nearly 40 mol quanta  $\text{m}^{-2} \text{d}^{-1}$  in April.  
212 The monthly average SST was highest at 28 °C in August, but it remained  $<20$  °C between  
213 February and April (Figure 2b). We designated the seasons in the northwestern NPSG as  
214 follows: winter, December to February; spring, March to May; summer, June to August; and  
215 autumn, September to November. The time just before the SST started to increase was equated to  
216 the beginning of spring. Although the seasonal difference in SST is only 3–4 °C in the central  
217 NPSG (Brix et al., 2004), the temperature difference was nearly 10 °C between winter and  
218 summer at S1. Nutrient concentrations were generally low throughout the year. Nitrate  
219 concentrations were relatively high with nearly 1  $\mu\text{mol kg}^{-1}$  at the surface during January and  
220 February, but were less than 0.2  $\mu\text{mol kg}^{-1}$  after April (Figure 2c). A typical spring bloom was  
221 detected by ocean-color observations between the middle of March and the beginning of April  
222 (Figure 2d). The annual mean chl-*a* in this region was 0.16  $\text{mg m}^{-3}$  (standard deviation: 0.09  $\text{mg}$   
223  $\text{m}^{-3}$ ) at the surface. In this study, a subtropical bloom was defined as an area with a chl-*a*  
224 concentration greater than 0.4  $\text{mg m}^{-3}$  at the surface, which is more than 2 standard deviations  
225 above the annual mean. Shipboard observations revealed subtropical blooms in the beginning of  
226 February in 2010 and 2011 and at the end of April in 2011 (Figure. 2d'). These subtropical  
227 blooms were remarkable in 2011, and the overall chl-*a* concentrations during winter and spring  
228 were higher in 2011 than in 2010 (Figure 2d'). The shipboard observations revealed a massive

229 winter bloom ( $0.82 \text{ mg m}^{-3}$ ) and a moderate late-spring bloom ( $0.49 \text{ mg m}^{-3}$ ) in 2011, but these  
230 blooms were not apparent when ocean-color observations were averaged spatially within the  
231  $100\text{-km}^2$  box around S1 (Figure 2d'). However, we were able to identify blooms within the box  
232 from ocean-color observations in 2011 through the analysis of maxima; these maxima reached  
233 chl-*a* concentrations comparable to shipboard observations. The winter bloom of 2010 could not  
234 be identified through the analysis of maxima (Figure 2d'). With less than 32% of valid pixels in  
235 the  $100\text{-km}^2$  box, it was difficult to reliably capture bloom formation when data were averaged  
236 spatially. This issue of spatial resolution and valid pixels may well be the cause of the  
237 discrepancy between in situ chl-*a* concentrations and ocean-color estimates (Figure 2d'). This  
238 indicates that subtropical blooms in this region form rather patchy submesoscale blooms.

239 When surveying a wider area around S1 with a higher 1-km spatial resolution in 2010 and 2011,  
240 mesoscale and submesoscale blooms were clearly detectable in ocean-color images in both  
241 winter and spring (Figure 3). However, we were only able to clearly capture the blooms on the  
242 dates shown in this figure, and the images were not available during the shipboard observation  
243 periods as there were few clear days without clouds. The images acquired during winter showed  
244 higher concentrations of chl-*a* within blooms in 2011. Images of spring blooms were acquired  
245 during an earlier period in 2010 and during a later period in 2011. The horizontal extent of  
246 blooms were patchy in both periods, but more extensive in spring. The higher resolution satellite  
247 data were capable of capturing the occurrences of mesoscale and submesoscale blooms in detail  
248 around the study area. Interestingly, these data show that a winter bloom can occur in water that  
249 is slightly warmer than the surrounding water, whereas an early-spring bloom can occur in water  
250 that is slightly cooler than the surrounding water, and a late-spring bloom can occur in water that  
251 is even cooler still relative to the surrounding water. These relationships were revealed by the  
252 chl-*a* concentration and SST data (Figure 3). The peaks of the chl-*a* concentrations during the  
253 winter appeared in water masses with temperatures of  $19.0\text{--}19.5 \text{ }^\circ\text{C}$  and  $18.5\text{--}19.0 \text{ }^\circ\text{C}$  in 2010  
254 and 2011, respectively (see arrows in Figure 3). Similar chl-*a* peaks in early and late spring  
255 appeared in water masses with temperatures of  $\sim 18.5 \text{ }^\circ\text{C}$  in 2010 and  $17.5\text{--}18.0 \text{ }^\circ\text{C}$  in 2011 (see  
256 arrows in Figure 3). Although the increasing insolation from February to April would logically  
257 be expected to cause SSTs to increase (Figure 2a), the above results indicate that the winter  
258 bloom occurred in a warmer water mass than the late-spring bloom.

### 259 **3.2 Mixed layer depth and light availability**

260 Seasonal variations of MLDs and critical depths at S1 were examined from January to May in  
261 2010 and 2011 to elucidate the factors that control subtropical blooms (Figure 4; upper panels).  
262 The MLDs were defined based on density differences of either  $0.03 \text{ kg m}^{-3}$  ( $\text{MLD}_{0.03\sigma\theta}$ ) or  $0.125$   
263  $\text{kg m}^{-3}$  ( $\text{MLD}_{0.125\sigma\theta}$ ), and were calculated from 10-d MILA GPV data and superimposed in-situ  
264 data from shipboard observations. MLDs estimated from MILA GPV data and in-situ data were  
265 quite similar. The depth of active turbulence roughly corresponds to  $\text{MLD}_{0.03\sigma\theta}$  and can be  
266 considered to be the concurrent depth of mixing. The top of the seasonal pycnocline is given by  
267  $\text{MLD}_{0.125\sigma\theta}$  and can be considered to be a metric of the strongest mixing during the recent past.  
268 We think it is reasonable to use the  $\text{MLD}_{0.03\sigma\theta}$  to capture the onset of stratification and the  
269  $\text{MLD}_{0.125\sigma\theta}$  to estimate the depth of convective mixing. In 2010, the  $\text{MLD}_{0.125\sigma\theta}$  deepened  
270 episodically to nearly 200 m in early February, but in other periods, it remained shallower than  
271 150 m. In 2011, the  $\text{MLD}_{0.125\sigma\theta}$  largely remained deeper than 150 m until early April, and the  
272  $\text{MLD}_{0.125\sigma\theta}$  episodically deepened to 320 m and the  $\text{MLD}_{0.03\sigma\theta}$  to around 200 m in late March.  
273 The  $\text{MLD}_{0.03\sigma\theta}$  did not differ much between 2010 and 2011, except in late March 2011. The  
274  $\text{MLD}_{0.125\sigma\theta}$  was shallower than 60 m after mid-April in both years, indicating that seasonal  
275 stratification intensified from around this time. Winter convective mixing was shallow in 2010  
276 and deep in 2011, as seen from the  $\text{MLD}_{0.125\sigma\theta}$ . This indicates that winter mixing was easier to  
277 develop in 2011. However, the  $\text{MLD}_{0.03\sigma\theta}$  indicates that the stratification depths in both years  
278 were similar. This implies that mixing developed more frequently, but not continuously, in 2011.

279 Monthly averages of critical depth tended to deepen as insolation increased. According to the  
280 classical understanding of spring blooms (Sverdrup, 1953), it is necessary that the MLD be  
281 shallower than the critical depth before a bloom can be initiated. Phytoplankton growth was  
282 undoubtedly restricted by light limitation during January, because both  $\text{MLD}_{0.125\sigma\theta}$  and  
283  $\text{MLD}_{0.03\sigma\theta}$  were deeper than the critical depth in most cases. This implies that the upper water  
284 column was turbulent to the vicinity of the critical depth on a regular basis. In February, the  
285  $\text{MLD}_{0.125\sigma\theta}$  was still deeper than the critical depth in many cases, but the  $\text{MLD}_{0.03\sigma\theta}$  was much  
286 shallower than the critical depth in some cases. The implication is that light availability was  
287 much improved by episodic stratification after February. In March, when winter mixing  
288 developed as in 2011, the relationship between MLD and critical depth was similar to that in  
289 February, but in 2010, when winter mixing was weak, both MLDs were much shallower than the

290 critical depth. Light limitation may have occurred during February and March, when convective  
291 mixing was most developed, but light would no longer have been limiting after April because  
292 both MLDs were much shallower than the critical depth.

### 293 **3.3 Typical vertical profiles of nitrate and chl-*a* concentrations as a function of water** 294 **column stability**

295 Five typical vertical profiles of in situ nitrate and chl-*a* concentrations based on water column  
296 stability were extracted from shipboard observations (Figure 4; lower panels). Types A and B are  
297 from winter 2010, C is from winter 2011, and D and E are from spring 2011. The depth ranges  
298 with homogeneous temperature, nitrate, and chl-*a* in these vertical profiles roughly confirm that  
299 the depth of the actively turbulent layer is given by the  $MLD_{0.03\sigma\theta}$ , and the top of the seasonal  
300 pycnocline is given by the  $MLD_{0.125\sigma\theta}$ .

301 Type A: Winter convective mixing had not yet developed. This profile was observed at the end  
302 of January in 2010, and both the  $MLD_{0.03\sigma\theta}$  and  $MLD_{0.125\sigma\theta}$  were still as shallow as 61 m and 87  
303 m, respectively. An influx of nutrients sufficient to fuel a bloom in the mixed layer could not  
304 occur in the absence of winter mixing. The high temperature of the surface mixed layer indicated  
305 that it had not yet been stirred deeply. A slight increase of chl-*a* was observed at the bottom of  
306 the  $MLD_{0.03\sigma\theta}$ , but the low concentration of nitrate ( $<0.1 \mu\text{mol kg}^{-1}$ ) in the  $MLD_{0.03\sigma\theta}$  precluded  
307 the formation of a bloom.

308 Type B: Winter convective mixing began to develop. This profile was observed in early  
309 February of 2010, during which both the  $MLD_{0.03\sigma\theta}$  and the  $MLD_{0.125\sigma\theta}$  were deepened to 173 m  
310 and 183 m, respectively. Both MLDs were deeper than the critical depth, which supplied high  
311 concentrations of nitrate into the surface mixed layer. Thorough mixing of the water column  
312 resulted in uniform water properties as the temperature decreased. Nitrate concentrations were as  
313 high as  $0.7 \mu\text{mol kg}^{-1}$ , but chl-*a* was as low as  $0.3 \text{mg m}^{-3}$  within the  $MLD_{0.03\sigma\theta}$ .

314 Type C: The water column stratified after a period of winter mixing. This profile was observed  
315 in the middle of February 2011, at which time the  $MLD_{0.03\sigma\theta}$  was as shallow as 66 m, though the  
316  $MLD_{0.125\sigma\theta}$  was still as deep as 209 m. The low SST suggests that this profile occurred  
317 immediately after the onset of stratification. There was a very distinct subtropical bloom  
318 associated with chl-*a* concentrations exceeding  $0.8 \text{mg m}^{-3}$  at the surface, since both light and

319 nutrients were available within the shallow  $MLD_{0.03\sigma\theta}$ . The chl-*a* could have been even higher  
320 after this because there was a residual nitrate concentration that exceeded  $0.4 \mu\text{mol kg}^{-1}$  within  
321 the  $MLD_{0.03\sigma\theta}$ .

322 Type D: Stratification intensified as the season progressed. This profile was observed at the end  
323 of April in 2011, at which time the  $MLD_{0.03\sigma\theta}$  and the  $MLD_{0.125\sigma\theta}$  had shoaled to 16 m and 40 m,  
324 respectively. The surface chl-*a* concentration was as low as  $0.2 \text{ mg m}^{-3}$  due to nitrate depletion  
325 in the layer shallower than  $MLD_{0.125\sigma\theta}$ . But the chl-*a* concentration increased abruptly to  $0.9 \text{ mg}$   
326  $\text{m}^{-3}$  at the subsurface chl-*a* maximum, since light should have been able to penetrate below the  
327  $MLD_{0.125\sigma\theta}$  because of the low chl-*a* concentrations in the surface mixed layer.

328 Type E: Stratification had broken down. This profile was observed at the end of April in 2011, at  
329 which time the  $MLD_{0.125\sigma\theta}$  had deepened to 71 m, although the  $MLD_{0.03\sigma\theta}$  had already shoaled to  
330 33 m. The seasonal pycnocline should be shallow toward spring, but convective mixing  
331 developed again. The fact that the SST was relatively low for the time of year, compared to the  
332 type D profile, indicates that the water column was well mixed to the  $MLD_{0.125\sigma\theta}$ . Nutrients  
333 should have been progressively consumed during the seasonal enhancement of stratification, but  
334 an influx of nutrients occurred when the stratification was disrupted and the water column  
335 mixed. Because the critical depth was quite deep at this time of year, there was no light  
336 limitation. Nitrate concentrations were already low within the  $MLD_{0.03\sigma\theta}$ , but chl-*a*  
337 concentrations were distributed uniformly within the  $MLD_{0.125\sigma\theta}$  from the surface, where the  
338 concentrations exceeded  $0.5 \text{ mg m}^{-3}$ . The implication is that the resupplied nutrients from the  
339 breakdown of stratification caused a subtropical bloom in late spring.

## 340 **4 Discussion**

### 341 **4.1 Factors dictating the formation of subtropical blooms**

342 Our study region south of the Kuroshio Extension is situated in the northwestern NPSG, and both  
343 ocean-color and shipboard observations revealed subtropical blooms there during winter and  
344 spring. When the observation domain was regarded as the spatial distribution of a  $100\text{-km}^2$  box,  
345 patchy blooms that corresponded to chl-*a* maxima were observed, especially in mid-winter and  
346 late spring. However, these blooms could not be detected in satellite data with areal smoothing  
347 (Figure 2d'). It is possible that our shipboard observations were also able to capture these patchy

348 blooms. Our results imply that the winter and late-spring blooms are rather sporadic  
349 submesoscale phenomena. In contrast, blooms that occurred from late March to early April could  
350 be detected with ocean-color data even with areal smoothing (Figure 2d). This indicates that  
351 blooms are more widespread, mesoscale phenomena at this time of year. Figure 5 is a conceptual  
352 illustration of subtropical bloom formation in winter, early spring, and late spring as a function  
353 of water column stability based on the climatological MLDs and critical depth. Although every  
354 bloom is triggered by an increase in the availability of both light and nutrients, our findings  
355 indicate that the onset, demise, and magnitude of these subtropical blooms are governed by water  
356 column stability, which varies throughout the year.

#### 357 **4.1.1 Winter bloom**

358 In winter, classical theory indicates that light becomes a limiting factor for phytoplankton growth  
359 in the northwestern NPSG because winter convective mixing occasionally extends to a depth of  
360 about 200–300 m during the formation of STMW (Suga & Hanawa, 1990). Winter mixing  
361 creates high nutrient concentrations in the surface mixed layer as in the Type B profile (Figure  
362 4), and subsequent stratification triggers a winter bloom as in the Type C profile (Figure 4). Such  
363 phenomena have previously been described as “stratification-onset” (Chiswell, 2011) and  
364 “convection-shutdown” (Ferrari et al., 2015; Taylor & Ferrari, 2011) mechanisms. These  
365 mechanisms are not inconsistent with basic critical depth theory, but they imply that a decrease  
366 of active turbulence (i.e., stratification) is an important factor that leads to shoaling of the mixed  
367 layer. In addition, Zarubin et al. (2017) recently proposed a “Dispersion-Confinement”  
368 mechanism to account for subtropical blooms. They suggested that phytoplankton can increase  
369 rapidly in response to stratification because phytoplankton can maintain a high growth rate even  
370 during the deep convective mixing in winter, although the phytoplankton population is dispersed  
371 and diluted. The effects of light limitation may be small in winter if this mechanism can be  
372 applied to this region, and the high growth rate of phytoplankton may allow subtropical blooms  
373 to form rapidly, even if stratification is episodic.

374 Our shipboard and ocean-color observations indicate the occurrence of submesoscale blooms in  
375 winter. A winter bloom should develop when there is a weakening of atmospheric forcing due to  
376 factors such as cooling and wind-driven mixing. This weakening can enhance stratification. It is  
377 unclear whether such reductions of atmospheric forcing occur episodically in a limited area in

378 mid-winter, when the mixed layer usually develops. However, the eddy-driven stratification  
379 proposed by Mahadevan et al. (2012) may be an example of a kind of forcing that suppresses  
380 convective mixing. Their conceptualization of the stratification process is based on forcing  
381 during which relatively dense water slides laterally beneath water that is less dense in a region  
382 where there is a horizontal density gradient. They have indicated that this forcing leads to a  
383 patchy, submesoscale bloom in winter that advances the time of the normal spring bloom by 20–  
384 30 d in high-latitude regions. At the longitude of S1, deep convective mixing homogenizes the  
385 water vertically, and although cooling in the area north of 30°N leads to formation of STMW,  
386 surface stratification develops further south because of solar heating (Suga & Hanawa, 1990). It  
387 can therefore be expected that a horizontal density gradient with denser (colder) water in the  
388 north and less dense (warmer) water to the south would lead to the creation of vertical  
389 stratification during the winter at S1.

390 The winter bloom resulted in primary production as high as  $71 \text{ mmol C m}^{-2} \text{ d}^{-1}$  throughout the  
391 water column at S1 (Matsumoto et al., 2016), with surface-water primary production reaching  
392  $2.5 \text{ mmol C m}^{-3} \text{ d}^{-1}$  (data not shown). However, the concentration of nitrate introduced into the  
393 surface mixed layer by convective mixing was less than  $1 \text{ } \mu\text{mol kg}^{-1}$  even when mixing was fully  
394 developed as in the Type B profile (Figure 4). We calculated how long the bloom could persist at  
395 this nitrate concentration, assuming that the water column was stable and unstirred. If the C/N  
396 ratio in the phytoplankton equaled the Redfield ratio of  $6.6 \text{ mol mol}^{-1}$ , nitrogen uptake by  
397 phytoplankton when primary production occurs as described above was calculated as  $0.38 \text{ mmol}$   
398  $\text{N m}^{-3} \text{ d}^{-1}$  at the surface. Then, if the *f*-ratio (the fraction of primary production fueled by nitrate)  
399 is assumed to be 0.5, phytoplankton should require about  $0.2 \text{ } \mu\text{mol kg}^{-1}$  of nitrate per day. The  
400 implication is that almost all of the nitrate introduced into the surface water via convective  
401 mixing would be consumed within a week. The winter bloom occurred in water that was warmer  
402 than the surrounding water because of stratification, but the chl-*a* concentration tended to  
403 decrease if the SST increased further (Figure 3). Hence, the phytoplankton population decreased  
404 if stratification persisted. However, if convective mixing were to recur, the phytoplankton  
405 population would be dispersed, and the bloom would come to an end. The implication is that a  
406 bloom of phytoplankton occurs in the winter when there is an increase of the availability of  
407 nutrients, but such blooms are submesoscale phenomena that come to an end within a short  
408 period of time.

#### 409 **4.1.2 Early-spring bloom**

410 The classical theory indicates that seasonal stratification after the development of winter mixing  
411 will lead to a bloom in the subtropics. Subtropical blooms were identifiable in 100-km<sup>2</sup> spatial  
412 means of daily composites chl-*a* in the northwestern NPSG in the early spring, but not in winter  
413 or late spring (Figure 2d). This suggests that the early-spring blooms are either mesoscale or are  
414 composed of numerous submesoscale patches. As already mentioned in section 4.1.1, entrained  
415 nutrients should be depleted within a week under stratified conditions. The development of  
416 winter mixing differed greatly between 2010 and 2011, but in both years the  $MLD_{0.03\sigma\theta}$  became  
417 shallower compared to the  $MLD_{0.125\sigma\theta}$  from March to April (Figure 4). This divergence of the  
418  $MLD_{0.03\sigma\theta}$  and  $MLD_{0.125\sigma\theta}$  indicates that the water column was unstable, and the sequence of  
419 stratification and mixing could have occurred repeatedly within the gap between the MLDs  
420 during this time. Although early-spring blooms occurred in waters with cooler SSTs than winter  
421 blooms, in contrast to the late-spring bloom, they did not occur in the lowest SST waters in the  
422 area at the time (Figure 3). This means that either stratification or mixing was not unilaterally  
423 enhanced. Instead, a fluctuating sequence of stratification and mixing within the MLD gap  
424 allowed for the use of both light and nutrients. This gap appears to be greatest in March as seen  
425 in the monthly averaged climatology (Figure 5). In addition, light was steadily becoming more  
426 available when the water column was stratified during March due to the deepening of the critical  
427 depth (Figure 5). If phytoplankton maintain a high growth rate during deep winter mixing as  
428 suggested by Zarubin et al. (2017), this instability of the water column could facilitate the  
429 subtropical blooms observed in early spring.

#### 430 **4.1.3 Late-spring bloom**

431 Stratification generally intensified rapidly in April (Figure 5). This stable water column led to  
432 nutrient depletion within the stratified surface water, and phytoplankton tended to form  
433 subsurface maxima typical of the Type D profile (Figure 4). However, shipboard observations  
434 revealed a submesoscale bloom at the end of April that was confirmed by the analysis of ocean-  
435 color maxima in the 100-km<sup>2</sup> box (Figure 2d'). At this time, the presence of a Type E profile  
436 indicated that nitrate was resupplied by stratification breakdown (Figure 4). But how did  
437 stratification break down in late spring, despite the likelihood that the weakening of atmospheric  
438 forcing as the season progressed would enhance stratification?

439 It is well known that nutrients can be supplied by mesoscale ocean eddies. A cyclonic eddy  
440 enhances primary production because of upwelling inside the eddy (Falkowski et al., 1991). For  
441 example, uplift of the nutricline within a cyclonic eddy increased subsurface phytoplankton  
442 during the stratified autumn season in the northwestern NPSG (Honda et al., 2018). However, an  
443 anti-cyclonic eddy seems to be more important, especially in the subtropical ocean during winter  
444 because the downwelling associated with passage of an anti-cyclonic eddy is especially likely to  
445 deepen convective mixing inside the eddy (Dufois et al., 2016; Kouketsu et al., 2012). Mesoscale  
446 eddies frequently pass through this region (Inoue & Kouketsu, 2016; Kouketsu et al., 2016) so  
447 that the passage of an anti-cyclonic eddy may break down stratification and thereby provide  
448 nutrients in the northwestern NPSG until late spring. Moreover, interactions between anti-  
449 cyclonic and cyclonic eddies will also generate submesoscale vertical upwelling that causes  
450 subtropical blooms (Chow et al., 2017, 2019). In addition, the extratropical cyclones that pass by  
451 the south coast of Japan and are called south-coast cyclones in Japan (Ueda et al., 2017) may  
452 pass by in April, although they occur most frequently in winter. Such eddies and cyclones should  
453 be considered as major processes that enhance mesoscale and submesoscale nutrient fluxes to the  
454 surface layer in late spring in the northwestern NPSG.

455 The fact that late-spring blooms occurred in water masses with temperatures of 17.5–18.0 °C in  
456 2011, which was lower than the temperatures of 18.5–19.0 °C associated with winter blooms  
457 during the same year (compare winter / spring temperatures indicated by arrows in Figure 3),  
458 supports the above-mentioned scenario. That is, convective mixing in late spring has reached the  
459 depth of STMW because the typical temperature of STMW is 15–20 °C (e.g., Suga et al., 1989).  
460 However, this interpretation implicitly assumes that late-spring blooms are sporadic  
461 submesoscale events that occur when an oceanic eddy or south-coast cyclone passes by, because  
462 surface stratification is more robust in late spring than in early spring. The mechanism  
463 responsible for the late-spring bloom would be basically consistent with the mechanism  
464 responsible for the phenomenon called the “autumn bloom,” which occurs when nutrients are  
465 resupplied through a breakdown of stratification caused by a reactivation of convective mixing in  
466 autumn (Findlay et al., 2006).

## 467 **4.2 Model analysis of bloom formation with the behavior of wintertime MLDs and its** 468 **implications for biogeochemistry**

469 Shipboard and satellite observations suggest that the formation of mesoscale or submesoscale  
470 blooms in the northwestern NPSG during winter and late spring depends on the stability of the  
471 water column. In the subtropical Atlantic, which is also a site of STMW formation, it has been  
472 suggested that spring blooms become more intense with deeper winter mixing (Michaels &  
473 Knap, 1996). Our observations also show that deeper winter mixing tends to enhance subtropical  
474 blooms because the chl-*a* concentrations estimated both from the ship and from ocean-color  
475 observations were higher in 2011 than in 2010, and blooms were evident in the winter and also in  
476 the late spring of 2011 (Figure 2d'). The thickness of STMW reflects the deepening of  
477 convective mixing during winter. An anti-cyclonic eddy weakens ocean stratification, deepens  
478 the thermocline, and links mixed layer development with STMW formation (Kouketsu et al.,  
479 2012; Uehara et al., 2003). Variations of STMW thickness are also associated with the dynamic  
480 state of the Kuroshio Extension (Oka et al., 2015) and the activity of the Aleutian Low  
481 (Sugimoto & Hanawa, 2010). The thickness of STMW could be expected to influence the  
482 formation of subtropical blooms via bottom-up control, because the influx of nutrients is  
483 enhanced by more active winter convective mixing.

484 We examined interannual variations of monthly MLDs from winter to spring over the last 20  
485 years (Figure 6). The MLDs deepened from 2010 to 2011, especially in the February–March  
486 period. In the STMW formation area, a previous investigation of the long-term behavior of the  
487 wintertime MLD identified considerable decadal variation after the late 1980s and revealed the  
488 deepening of wintertime MLDs from the late 1990s to the mid-2000s (Sugimoto & Kako, 2016).  
489 We also identified a deepening of winter mixing from 2002 to 2003, and we found that the  
490 magnitude of fluctuation in MLDs during this period was the largest in the last 20 years. The  
491 development of winter mixing should enhance the availability of nutrients, which can boost  
492 phytoplankton growth, while also decreasing light availability, which has the opposite effect.

493 We carried out a model analysis with a coupled 3-D physical–biological model from 2002 to  
494 2003 to evaluate how the intensity of winter mixing affects bloom formation with a particular  
495 focus on the dynamics of nitrate concentrations and phytoplankton biomass during winter and  
496 spring at S1 (Figure 7). Our model closely reproduced the MLDs estimated from MILA GPV

497 during this period, showing that winter mixing was more active in 2003 than in 2002. In 2002,  
498 the spatial means of ocean-color-derived chl-*a* in the 100-km<sup>2</sup> box were relatively constant, with  
499 low concentrations of around 0.2 mg m<sup>-3</sup> persisting from January to early April, although the  
500 maxima analysis captured frequent spikes of around 0.4 mg m<sup>-3</sup>. This indicates that weak,  
501 submesoscale blooms likely occurred during this period. However, both mean and maximal chl-*a*  
502 concentrations decreased to around 0.1 mg m<sup>-3</sup> after mid-April. In 2003, the concentrations of  
503 ocean-color chl-*a* clearly increased from late March to early April, when a massive bloom was  
504 observed with chl-*a* of 0.84 mg m<sup>-3</sup> in the maxima analysis. Blooms were not detected during the  
505 rest of 2003, and chl-*a* decreased to about 0.1 mg m<sup>-3</sup> by mid-April as in 2002. The timings of  
506 bloom formation were in good agreement with our simulation results. As discussed below, our  
507 simulations produced the typical vertical profiles of nitrate and chl-*a* concentrations derived from  
508 water column stability shown in Figure 4, and highlighted how the characteristics of bloom  
509 formation are affected by the intensity of winter mixing.

510 In 2002 (Figure 7; left panel), there was little winter mixing until the middle of January, and  
511 phytoplankton biomass remained low because of a lack of nitrate in the shallow MLD<sub>0.125σ<sub>θ</sub></sub>  
512 (Type A). Deepening of vertical mixing increased nitrate concentrations, but phytoplankton  
513 biomass remained low within the MLD<sub>0.125σ<sub>θ</sub></sub> at the end of January (Type B). Phytoplankton  
514 biomass increased in the MLD<sub>0.03σ<sub>θ</sub></sub> because of stratification immediately afterward (Type C), but  
515 nitrate was depleted at that depth at the beginning of February. After the middle of April, nitrate  
516 was depleted at depths shallower than about 50 m as stratification intensified, and phytoplankton  
517 formed a subsurface maximum (Type D). From the middle of February to early April, the MLDs  
518 fluctuated with repeated episodes of intensified mixing and stratification, and phytoplankton  
519 biomass increased in the MLD<sub>0.03σ<sub>θ</sub></sub>. This water column instability and enhancement of  
520 phytoplankton biomass is consistent with the MILA GPV and ocean-color data. This appears to  
521 have been a repeat of profiles B, C, D, and E, although the ocean-color data indicated that the  
522 magnitude (chl-*a* concentration and areal extent) of any subtropical blooms was not large.  
523 Because there was less winter mixing that year, the influx of nutrients was low, and blooms did  
524 not develop during this period. However, a repetition of the stratification and mixing during this  
525 period might have been easier and could have resulted in a persistent bloom.

526 In 2003 (Figure 7; right panel), there was little winter mixing until the middle of January, as in  
527 2002 (Type A). Subsequently, winter mixing was much better developed than in 2002. High

528 nitrate concentrations were supplied to the surface mixed layer until the end of March, but the  
529 increase of chl-*a* was muted (Type B). Our simulation did indicate that episodic stratification  
530 occurred at the beginning of April, although the MILA GPV data showed an earlier initiation of  
531 stratification in the middle of March. Such stratification can lead to bloom development as in  
532 Type C, and a massive bloom was identified both in the simulation and in ocean-color data.  
533 Because nitrate concentrations were still high beneath the stratification depth due to the  
534 development of winter mixing, there may also have been a bloom associated with a resupply of  
535 nitrate via a breakdown of stratification analogous to Type E. After mid-April, phytoplankton  
536 formed a subsurface maximum as the stratification became more robust in a manner that  
537 resembles Type D.

538 The simulation results suggest that the behavior of wintertime MLD, which determines the  
539 thickness of STMW, dictates the characteristics of subtropical blooms, including the magnitude  
540 of the bloom and the timing of the onset and demise thereof. In years of deep winter mixing,  
541 subtropical blooms are expected to be more intense in spring due to elevated nutrient  
542 concentrations. However, if episodic stratification occurs, this study suggests that a massive  
543 bloom can occur even in winter. When winter mixing develops, high concentrations of nutrients  
544 can become stored in the gap between the  $MLD_{0.03\sigma\theta}$  and  $MLD_{0.125\sigma\theta}$ , even if nutrients are  
545 consumed fully within the stratified  $MLD_{0.03\sigma\theta}$ . The episodic breakdown of stratified  $MLD_{0.03\sigma\theta}$   
546 is expected to occur easily under this condition, because the water mass within the  $MLD_{0.125\sigma\theta}$  is  
547 relatively homogeneous. Therefore, in years of deep winter mixing, subtropical blooms are likely  
548 to intensify in the form of episodic winter and late-spring blooms in addition to early-spring  
549 blooms caused by seasonal stratification. In contrast, during years of weak winter mixing, a low  
550 influx of nutrients is likely to weaken any subtropical blooms. Our results suggest that a massive  
551 bloom is unlikely to occur in such years, but also indicate that subtropical blooms could form  
552 more easily even in winter due to the increased likelihood of stratification.

553 The behavior of the wintertime MLD may change the quality of the subtropical bloom based on  
554 the concentrations of nutrients entrained in the mixed layer. Shipboard observations at S1 have  
555 previously revealed that the abundance of large diatoms in winter was low in 2010 but high in  
556 2011 (Fujiki et al., 2016). Phytoplankton communities generally change in structure to relatively  
557 large cells in response to an increase of nutrient availability (Irwin et al., 2006). In addition, the  
558 net growth of large diatoms may be accelerated by a lower rate of predation in this region,

559 because the observed primary production in the winter of 2011 was much higher than the carbon  
560 demands of mesozooplankton in the surface layer (Kobari et al., 2016). These results suggest that  
561 massive blooms tend to be composed of large diatoms in years of deep winter mixing because  
562 the nutrient concentrations are high. By contrast, picophytoplankton would be expected to  
563 dominate in years of weak winter mixing, even in years when there is a bloom (e.g., the 2002  
564 simulation), because nutrient concentrations during these years are low in the sunlit layer. A  
565 subtropical bloom dominated by large diatoms should make a disproportionately large  
566 contribution to carbon export in the oligotrophic subtropical ocean, because particulate organic  
567 carbon (POC) flux increases monotonically with biogenic opal flux in this region (Honda et al.,  
568 2018).

569 At latitudes near the boundary where the vertical extent of the STMW increases northward and  
570 decreases sharply southward, as in the present study area at S1, eddy-driven stratification  
571 (Mahadevan et al., 2012) may occur frequently during winter. The export of POC from the  
572 surface ocean to depth is likely to be most effective when caused by eddy-driven subduction in  
573 conjunction with eddy-driven stratification during a phytoplankton bloom; this mechanism  
574 contributes as much as half of the total export of POC in the Kuroshio extension (Omand et al.,  
575 2015). Furthermore, submesoscale blooms associated with stratification breakdowns due to eddy  
576 interaction or cyclones are expected even in late spring. In addition to the general spring blooms  
577 associated with seasonal stratification after winter mixing, episodic blooms contribute to POC  
578 formation from winter to late spring. Time-series observations show that settling particles  
579 collected at S1 are largest in winter and spring and undergo substantial seasonal and interannual  
580 variability (Honda, 2020). Our study suggests that changes in the magnitude of the bloom and  
581 the timing of the onset and demise are associated with the behavior of the wintertime MLD and  
582 contribute to the seasonal and interannual variability of carbon export.

## 583 **5 Conclusions**

584 We used comprehensive analysis of shipboard and satellite observations and model simulations  
585 to identify the factors that dictate the onset and demise of subtropical blooms in the northwestern  
586 NPSG, which differs from the dynamics that operate in the central NPSG. The northwestern  
587 NPSG is characterized by the formation of STMW by deep winter mixing and by large  
588 interannual variations in wintertime MLD. When a relatively thick STMW layer is formed, high

589 nutrient concentrations are entrained into the surface mixed layer. This entrainment increases the  
590 magnitude of blooms that result from subsequent stratification. Moreover, entrainment enables  
591 the recurrence of blooms if stratification subsequently breaks down, even if nutrient  
592 concentrations are low in the stratified water. When a relatively thin STMW layer is formed, the  
593 concentrations of nutrients entrained in the mixed layer are relatively low, but light availability  
594 remains good because the water column is easily stratified. Under these conditions, a subtropical  
595 bloom can persist for a long time because the instability of the water column leads to multiple  
596 cycles of convective mixing and stratification. Our results indicate that the northwestern NPSG is  
597 the site not only of mesoscale blooms caused by seasonal stratification but also of submesoscale  
598 blooms associated with episodic stratification and stratification breakdowns. Satellites are now  
599 equipped with higher resolution ocean-color sensors, meaning that further detailed observations  
600 are likely to improve our understanding of the impact of patchy episodic blooms on carbon  
601 export in the northwestern NPSG.

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## 610 **Data availability statement**

611 The data discussed in this manuscript are available through the following websites.

612 Ocean-color data: <http://oceancolor.gsfc.nasa.gov>

613 MILA GPV: [http://www.jamstec.go.jp/ARGO/argo\\_web/argo/?lang=en](http://www.jamstec.go.jp/ARGO/argo_web/argo/?lang=en)

614 Cruise data: some data are merged in <https://ebcrpa.jamstec.go.jp/k2s1/en/index.html>, but more  
615 detailed data from specific cruises are available at:

616 MR10-01 Leg1 (2010-01-19 – 2010-02-06): <https://doi.org/10.17596/0001821>

617 MR10-01 Leg2 (2010-02-07 – 2010-02-24): <https://doi.org/10.17596/0001822>

618 MR11-02 (2011-02-11 – 2011-03-09): <https://doi.org/10.17596/0001830>

619 MR11-03 (2011-04-14 – 2011-05-05): <https://doi.org/10.17596/0001831>

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812 **Figure captions**

813 **Figure 1.** Location of station S1 (30°N, 145°E) with (a) prevailing surface currents, and (b)  
 814 monthly averaged mixed-layer depth based on a  $0.125 \text{ kg m}^{-3}$  criterion determined from the  
 815 MIXed Layer dataset of Argo, Grid Point Value between January and April.

816

817 **Figure 2.** Seasonal variations of (a) photosynthetically active radiation (PAR), (b) temperature,  
 818 (c) nitrate concentrations, and (d) chl-*a* concentrations at the sea surface. Satellite data are shown  
 819 by daily (black plus symbols) and monthly (orange circles; error bars indicate standard  
 820 deviations) spatial averages across a  $100 \text{ km} \times 100 \text{ km}$  box centered at S1. Averages were  
 821 calculated from MODIS satellite data with a 4-km spatial resolution. Shipboard measurements  
 822 (blue crosses) conducted in 2010 and 2011 have been merged by year and sorted in order of  
 823 season. The chl-*a* data focus on bloom seasons in 2010 and 2011, and spatial means (black plus  
 824 symbols) and maxima (red plus symbols) in the box are also shown in (d'). The dashed line  
 825 indicates the bloom threshold, which was  $0.4 \text{ mg m}^{-3}$  chl-*a*.

826

827 **Figure 3.** Satellite images of chl-*a* and sea-surface temperature (SST) around S1 ( $2^\circ \times 2^\circ$  grid)  
 828 with a 1-km spatial resolution during the winter (22 February) and early spring (2 and 6 April)  
 829 of 2010 and the winter (25 February) and late spring (14 and 21 April) of 2011. The black color  
 830 show pixels with no data. The relationships between chl-*a* and SST are plotted to the right of the  
 831 satellite images, and chl-*a* peaks are denoted by arrows. The dashed lines in the right panels  
 832 indicate the bloom threshold of  $0.4 \text{ mg m}^{-3}$  chl-*a*.

833

834 **Figure 4.** Seasonal variations in water column stability from January to May in 2010 and 2011.  
 835 The upper panels show two measures of mixed-layer depth (MLD),  $\text{MLD}_{0.03\sigma\theta}$  (red bars; based  
 836 on a  $0.03 \text{ kg m}^{-3}$  criterion) and  $\text{MLD}_{0.125\sigma\theta}$  (black bars; based on a  $0.125 \text{ kg m}^{-3}$  criterion), and  
 837 monthly-averaged critical depth (green lines). MLDs were calculated from 10-d averages of the  
 838 MIXed Layer dataset of Argo, Grid Point Value (MILA GPV). In-situ MLDs acquired five  
 839 typical vertical profiles in the lower panels and other in-situ MLDs through the shipboard  
 840 observations are also indicated by different symbols. The lower panels show five typical vertical  
 841 profiles of temperature (black lines), nitrate (blue circles), chl-*a* (red circles), and MLDs  
 842 ( $\text{MLD}_{0.03\sigma\theta}$ : dotted lines;  $\text{MLD}_{0.125\sigma\theta}$ : solid lines) acquired from shipboard observations on the

843 basis of water column stability during winter and spring. Dashed lines indicate the bloom  
844 threshold of  $0.4 \text{ mg m}^{-3}$  chl-*a*. Measurements were made by shipboard observation on the  
845 following dates: A, 31 Jan 2010; B, 9 Feb. 2010; C, 14 Feb. 2011; D, 30 Apr. 2011; and E, 28  
846 Apr. 2011. Details are provided in the text.

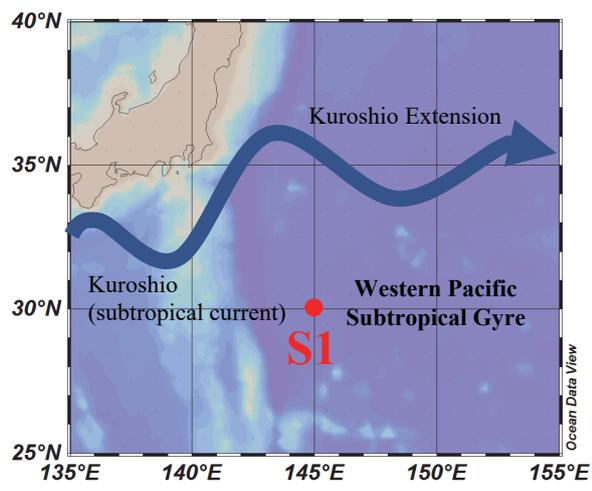
847  
848 **Figure 5.** Conceptual illustration of subtropical bloom formation in (1) winter, (2) early spring,  
849 and (3) late spring based on water column stability. Subtropical blooms are shown as yellow  
850 circles. Values of MLDs from MIXed Layer dataset of Argo, Grid Point Value (MILA GPV) data  
851 ( $\text{MLD}_{0.03\sigma\theta}$ : red line;  $\text{MLD}_{0.125\sigma\theta}$ : black line), and critical depth (green line) were determined  
852 based on climatological data. Episodic stratification after the development of winter mixing and  
853 the breakdown of stratification is indicated by red dotted lines.

854  
855 **Figure 6.** Two measures of mixed-layer depth,  $\text{MLD}_{0.03\sigma\theta}$  (red lines; based on a  $0.03 \text{ kg m}^{-3}$   
856 criterion) and  $\text{MLD}_{0.125\sigma\theta}$  (black lines; based on a  $0.125 \text{ kg m}^{-3}$  criterion), were determined from  
857 MIXed Layer dataset of Argo, Grid Point Value (MILA GPV) data. Two time periods (2002–  
858 2003 and 2010–2011) are indicated by shading.

859  
860 **Figure 7.** Seasonal variations from January to May of 2002 and 2003 of modeled nitrate (upper  
861 panels) and phytoplankton biomass (middle panels) (shown in nitrogen concentration units), and  
862 satellite-observed sea-surface chl-*a* concentrations (lower panels). Sea-surface chl-*a* was  
863 obtained from SeaWiFS data in 2002 and MODIS in 2003. Values were calculated as spatial  
864 means (black plus symbols) and maxima (red plus symbols) within a  $100 \text{ km} \times 100 \text{ km}$  box  
865 centered at S1 with 9-km (SeaWiFS) and 4-km (MODIS) spatial resolution. White lines in the  
866 upper panels denote a nitrate concentration of  $0.1 \mu\text{M}$ . White lines and red lines in the middle  
867 panels denote  $\text{MLD}_{0.03\sigma\theta}$  and  $\text{MLD}_{0.125\sigma\theta}$ , respectively. MLDs determined by MIXed Layer  
868 dataset of Argo, Grid Point Value (MILA GPV) data ( $\text{MLD}_{0.03\sigma\theta}$ : dotted yellow bars;  $\text{MLD}_{0.125\sigma\theta}$ :  
869 solid yellow bars) are superimposed on the middle panels. The dashed lines in the bottom panels  
870 indicate the bloom threshold of  $0.4 \text{ mg m}^{-3}$  chl-*a*. Time periods corresponding to the typical  
871 vertical profiles shown in Figure 4 are noted at the top of the figure.

Figure 1.

(a)



(b)

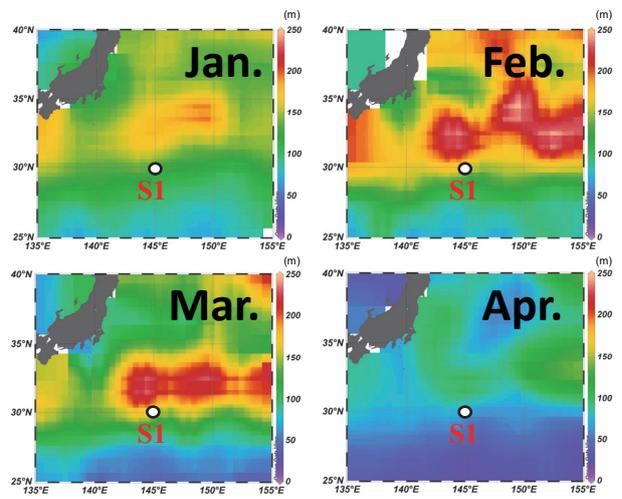


Figure 2.

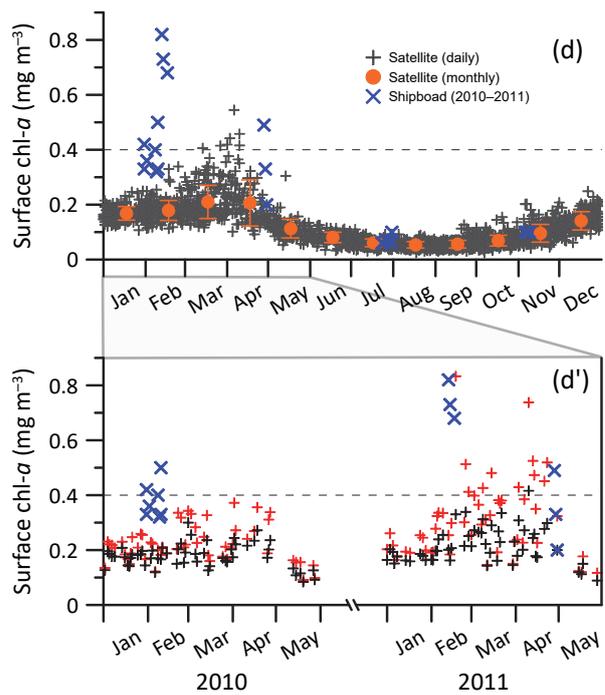
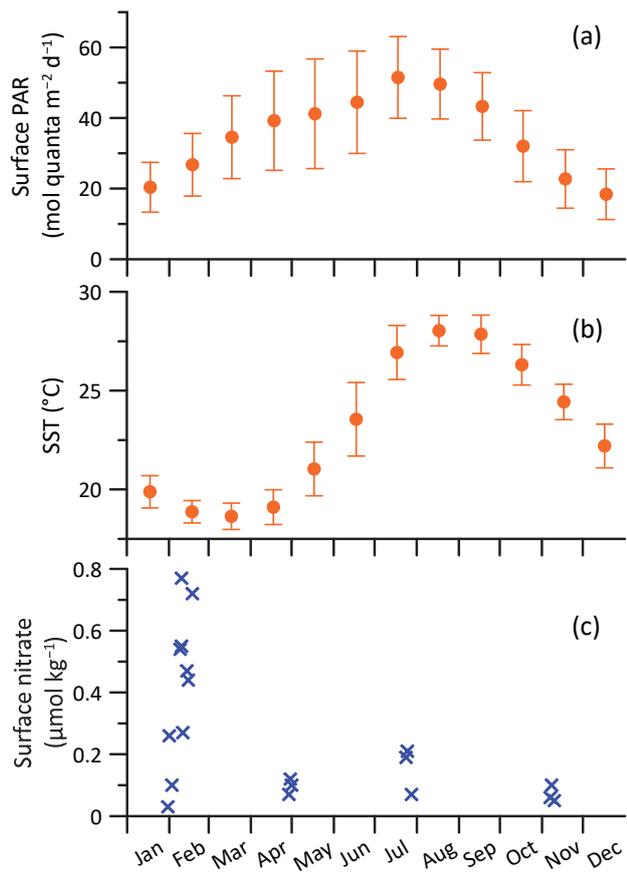
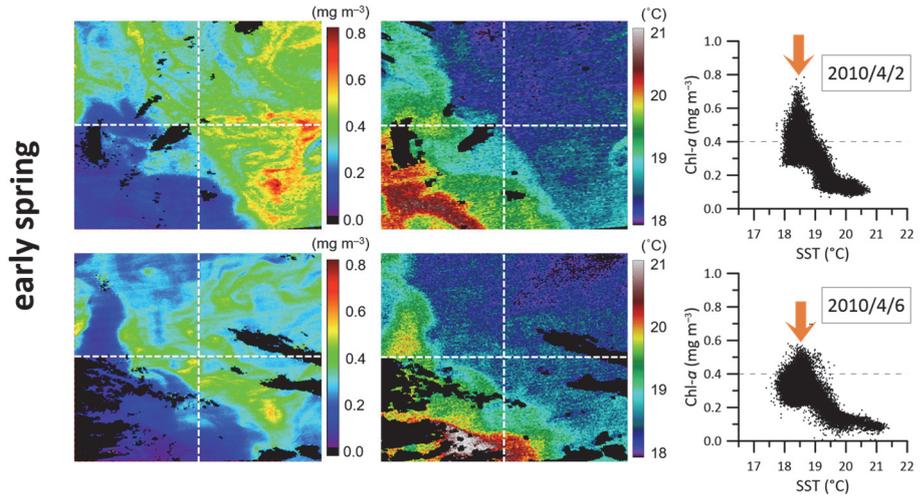
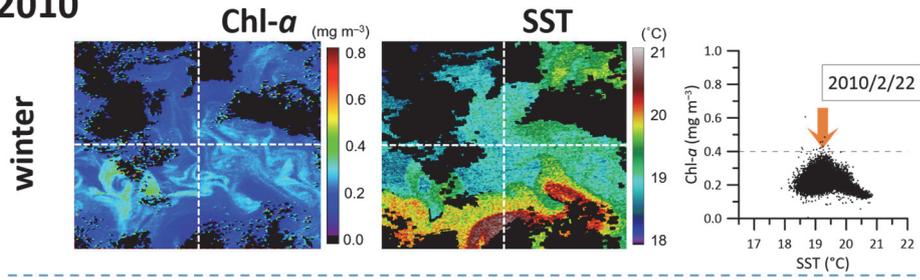
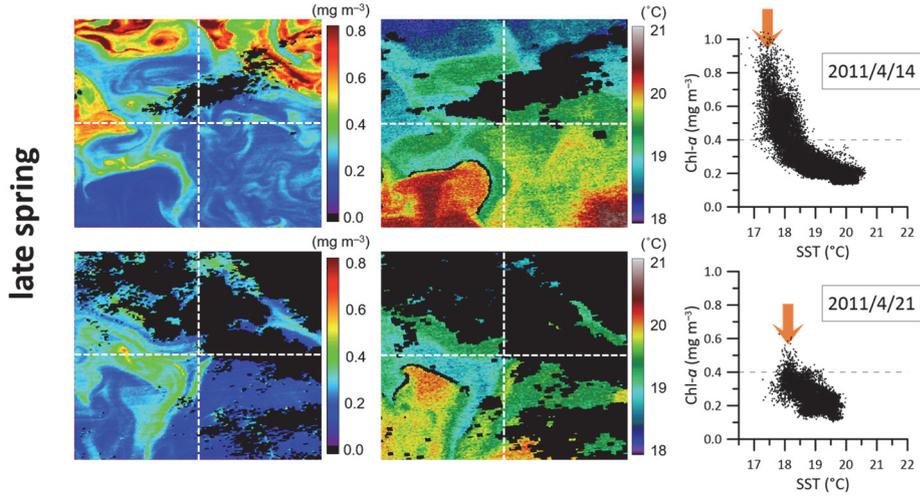
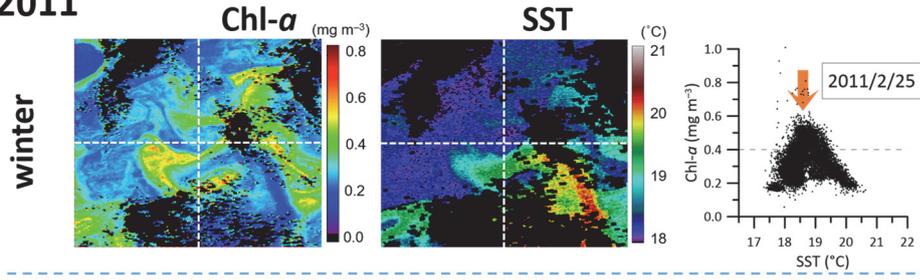


Figure 3.

2010



2011



**Figure 4.**

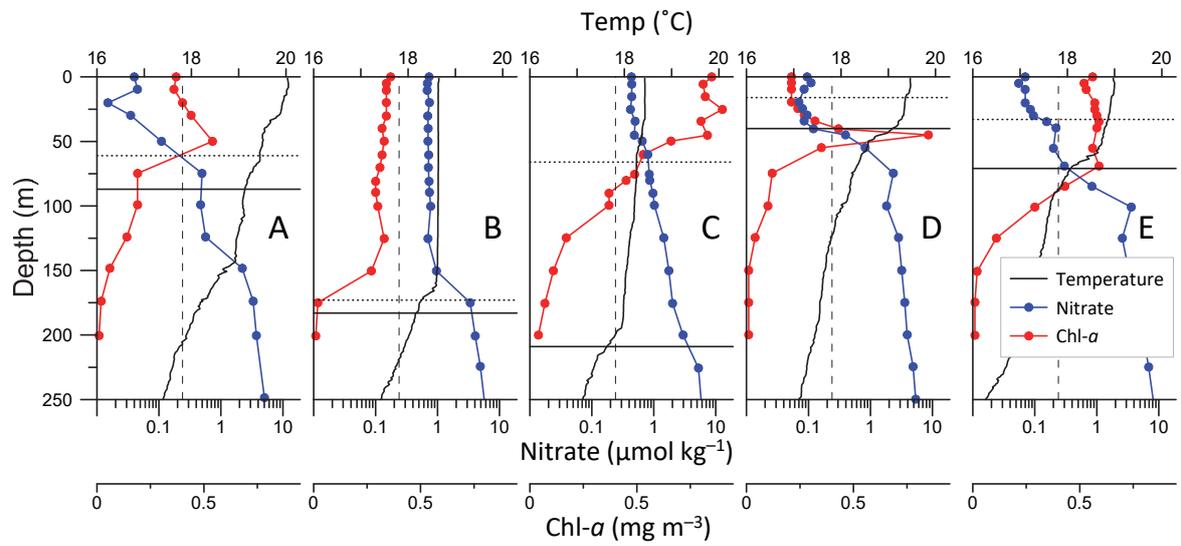
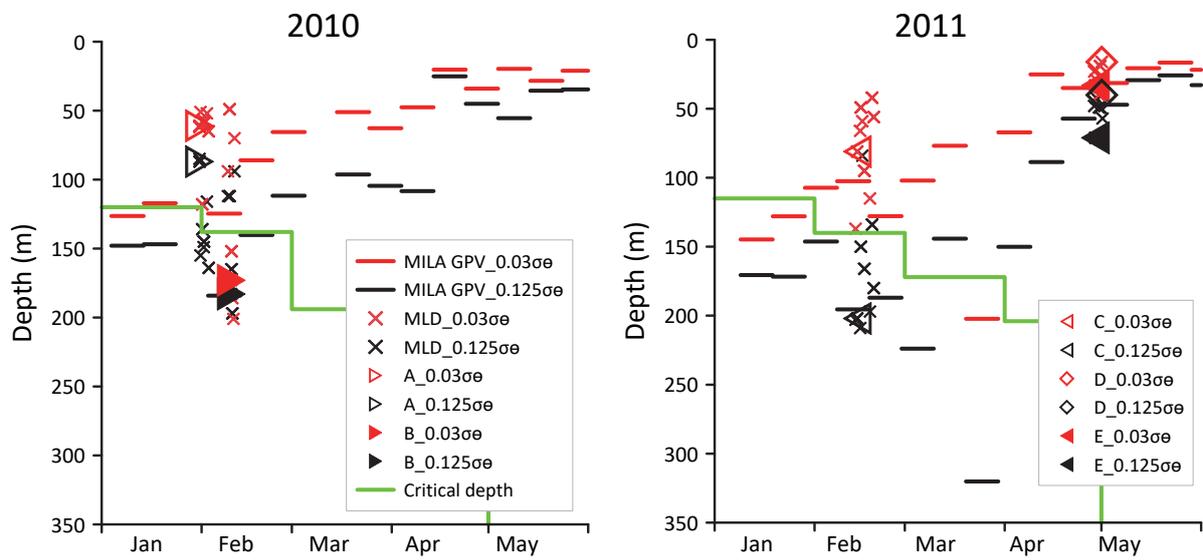


Figure 5.

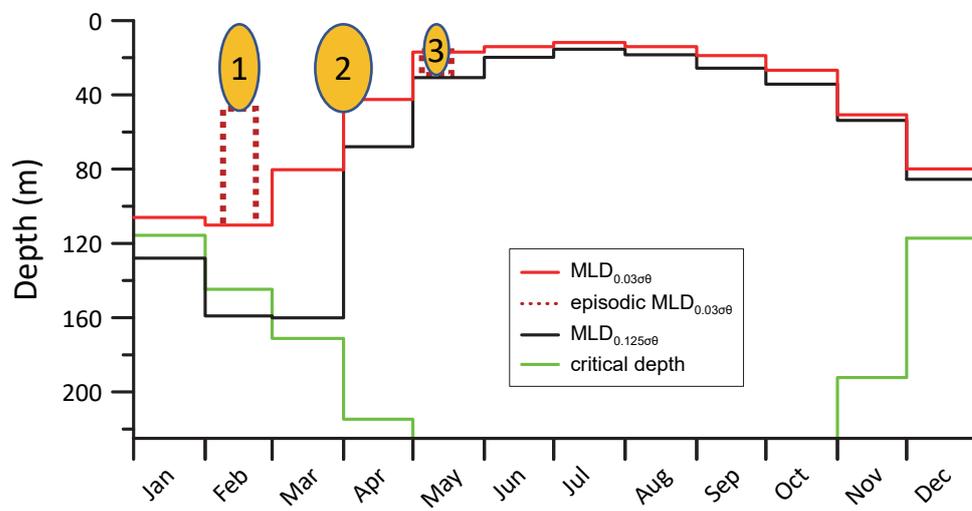


Figure 6.

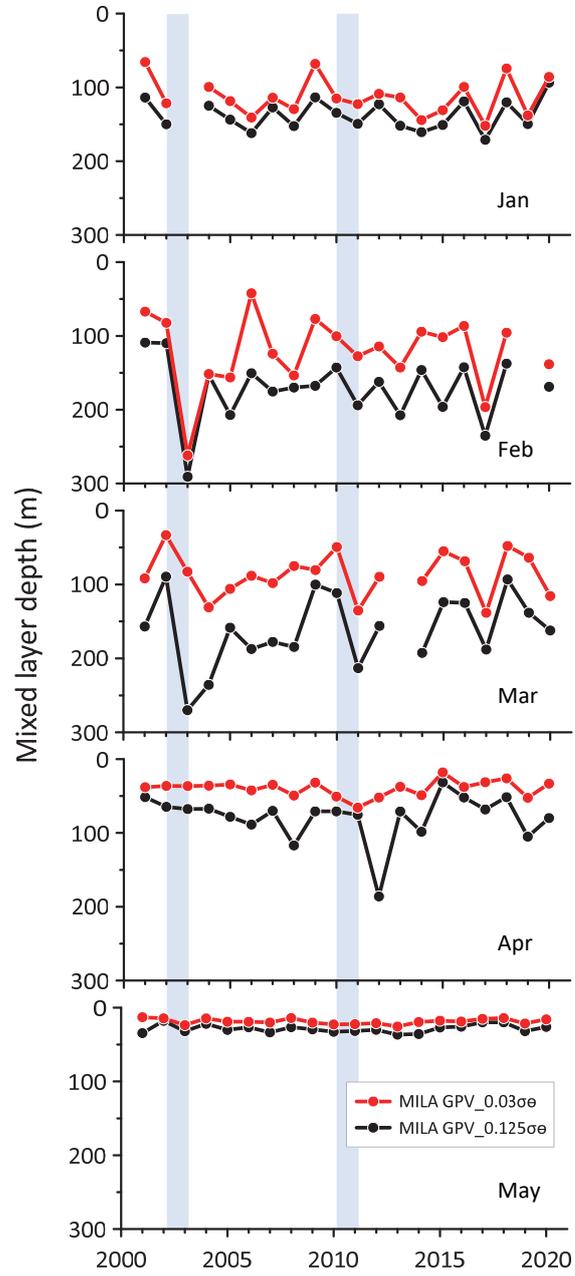


Figure 7.

