

Table 1 – Levels of evidence of the included studies.

Levels of Evidence	Absolute frequency of studies	Relative frequency of studies
1 ⁽⁶⁾	1	1,5
2	0	0,0
3	0	0,0
4 ⁽⁷⁻⁹⁾	3	4,5
5 ⁽¹⁰⁻⁴⁴⁾	35	52,2
6 ⁽⁴⁵⁻⁷¹⁾	27	40,3
7 ⁽⁷²⁾	1	1,5