

# Integrating NOTCH Inhibitors with Standard Chemotherapeutic Drugs in Glioblastoma Multiforme Treatment: A Synergistic Approach

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April 22, 2024

## Abstract

Glioblastoma multiforme (GBM) presents a significant obstacle in the field of cancer therapy because of its aggressiveness and limited treatment options. Despite advances in surgical resection, radiation therapy, and chemotherapy, the median survival remains dishearteningly brief at 15 months. This review focuses on the mysterious Glioblastoma stem cells (GSCs), particularly those expressing the CD133 marker, acknowledged for their pivotal role in tumor growth and resistance to conventional therapies. The NOTCH signaling pathway emerges as a promising target. This review explores the NOTCH signaling pathway, a crucial regulator of GSCs, and evaluates inhibitors like gamma-secretase inhibitors (GSI), siRNA, and monoclonal antibodies. While recent trials suggest improved outcomes by integrating GSIs with standard treatments, the challenge persists in sparing CD133-positive cells. This review also emphasizes the role of Chk1 and Chk3 inhibitors in the reversal of radioresistance in CD133+ cells. In summary, this review explores the nuances of NOTCH signaling inhibition in GBM treatment, emphasizing precision in targeting the tumor microenvironment and addressing therapeutic resistance associated with CD133-positive cells.

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Ethics and Integrity Statements:

Funding Statement: This research was not funded by any organization.

Conflict of Interest Disclosure: The author declare no conflicts of interest that could have influenced the conduct or reporting of this study.

### Abstract:

Glioblastoma multiforme (GBM) presents a significant obstacle in the field of cancer therapy because of its aggressiveness and limited treatment options. Despite advances in surgical resection, radiation therapy, and chemotherapy, the median survival remains dishearteningly brief at 15 months. This review focuses on the mysterious Glioblastoma stem cells (GSCs), particularly those expressing the CD133 marker, acknowledged for their pivotal role in tumor growth and resistance to conventional therapies. The NOTCH signaling pathway emerges as a promising target. This review explores the NOTCH signaling pathway, a crucial

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### Text:

Glioblastoma multiforme (GBM) is a highly aggressive grade IV glioma of the astrocytic lineage and is associated with a high mortality rate and limited treatment options (1). Despite current treatment modalities involving surgical resection, radiation therapy, and chemotherapy, GBM remains an incurable disease with a median survival of only 15 months (2, 3). Glioblastoma stem cells (GSCs), characterized by their stem-like properties, have been identified in GBM and contribute to tumor growth and therapy resistance. CD133 has emerged as a marker for some GSCs, enabling the isolation of a subpopulation with enhanced tumor-initiating potential (4-6). The notch signaling pathway implicated in GSC regulation facilitates engraftment and long-term proliferation of malignancies (5, 6).

NOTCH signaling occurs when transmembrane ligands on one cell engage NOTCH receptors on an adjacent cell, resulting in the  $\gamma$ -secretase-mediated proteolytic release of the NOTCH intracellular domain (NICD) (7, 8), with subsequent release of HES and HEY genes, resulting in differentiation of neurons and glial cells (9). This differentiation and growth in tumor cells enhances the heterogeneity in the tumor microenvironment, making it difficult to target. Targeting this signaling mechanism could significantly enhance the treatment scope of this malignant tumor along with the standard treatment. Various classes of NOTCH inhibitors have been developed, including gamma-secretase inhibitors (GSI), small interfering RNA (siRNA), and monoclonal antibodies, to restrain the NOTCH signaling mechanism (10). However, the efficacy with which it suppresses tumor progression and halts tumor growth is still unclear.

Recent clinical trials have proposed that clinical outcomes have improved because of the rational integration of GSIs with already-used modalities of treatment (11). However, common chemotherapeutic drugs, including temozolomide, carboplatin, paclitaxel (Taxol), and etoposide (VP16), as well as traditional radiation therapy, predominantly targets the CD133-negative population, while sparing or enriching the CD133-positive population (6, 12). One reason of sparing of CD133-positive cells population is its chemotherapeutic resistance which is induced by DNA damage checkpoints in these cells. Targeting Chk1 and Chk3 DNA damage checkpoint kinases by specific inhibitors can reverse the radioresistance of CD133+ tumor cells, which in turn reduces the chances of tumor recurrence after radiation and provides a therapeutic approach for malignant tumors (6).

GSI induces apoptosis and differentiation in CD133+ stem-like cells isolated from medulloblastoma and impairs their tumorigenic activity by blocking the NOTCH signaling mechanism (13). Also, on dynamic contrast-enhanced magnetic resonance imaging, GSI alone reduced glioma perfusion and drastically decreased CD133+ cells in tumor explants (14). However, gastrointestinal toxicity has been a serious concern with NOTCH blockade, leading to goblet cell proliferation in intestinal transit amplifying cells, resulting in severe diarrhea [16].

However, gastrointestinal toxicity has been a serious concern with NOTCH blockade, leading to goblet cell proliferation in intestinal transit amplifying cells, resulting in severe diarrhea (15). Also, it has been shown that NOTCH blockade reduced a tumor-forming CD133+ cell population 5-fold. The importance of the NOTCH signal pathway and CD133 marker in the growth and recurrence of malignant tumors and in promoting radioresistance specifically in GBM is evident in the current literature. Future research should focus on the blockade of the NOTCH pathway specific to tumor environment and investigating the therapeutic resistance induce by CD133 marker. By focusing on therapeutic modalities that target the NOTCH pathway and CD133-positive tumor cells, a novel therapeutic strategy can be created to suppress these cancers.

Keywords: Glioblastoma Multiforme, Glioblastoma Stem Cells, CD133 marker, NOTCH signaling pathway,

Radioresistance, Therapeutic Intervention.

**Acknowledgement:**

Not applicable

**Funding:**

Not applicable

**Availability of data and material:**

The data that supports the finding of this study are available on PubMed. <https://pubmed.ncbi.nlm.nih.gov/>

**Declaration:**

**Ethics Approval and consent to participate:**

Not applicable

**Consent for publication:**

Not applicable.

**Competing interest:**

The author declares no competing interests regarding this study.

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